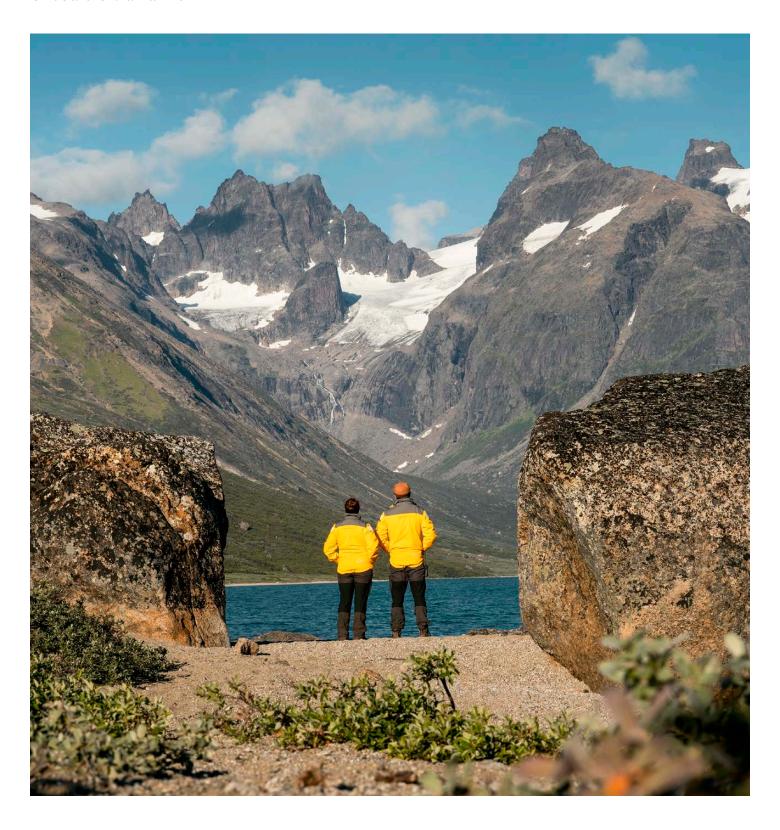


# South Greenland: Exploring Glaciers, Fjords and Viking Culture

Onboard *Ultramarine* 



# Contents

- 1 Expedition Overview
- 2 The Best of the Arctic
- 2 Itinerary
- 6 Science and Discovery
- 7 Local Partnerships
- 8 Arrival and Departure Details, and International Flight Planning
- 10 Your Ship
- 11 Included Activities
- 12 Adventure Options
- Conservation and Community
- 14 Departure Dates
- 15 Inclusions and Exclusions
- 16 Your Expedition Team
- 17 Meals on Board
- 18 Possible Excursions
- 20 Packing Checklist

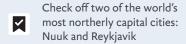


# **Expedition Overview**

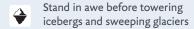
South Greenland: Exploring Glaciers, Fjords and Viking Culture

Our 12-day South Greenland: South Greenland: Exploring Glaciers, Fjords and Viking Culture takes you to remote Greenlandic settlements rarely seen by independent travelers. This itinerary delivers some of the wildest landscapes you've ever imagined: towering icebergs and sweeping glaciers, plus the chance to see the Greenland Ice Sheet—the second-largest ice mass on the planet. For Viking enthusiasts, South Greenland is one of the best places on Earth to experience Norse history. You can step into Viking ruins that date back to 985.

#### **Highlights**







Explore Kujataa, a UNESCO World Heritage Site where Viking and Inuit history meet

Embrace once-in-a-lifetime opportunity to kayak remote Greenlandic fjords

> Experience the most dramatic fjords of South Greenland, including a chance to see the southern outlet of the massive Greenland Ice Sheet.



# Itinerary

#### DAY 1 | ARRIVE IN REYKJAVIK, ICELAND

Arrive in the Icelandic capital and make your way to the group hotel—included in the Charter Flight & Hotel Package—near Keflavik airport. You will have the rest of the day to explore this fascinating city, known for its Norse history and stunning architecture. If you do plan to visit the city of Reykjavik, make sure you allow for a one-hour transfer (by taxi or public transit) between Keflavik and Reykjavík.

#### DAY 2 | FLY TO NUUK, **GREENLAND AND EMBARK**

After an early breakfast at the hotel, your group will transfer to the airport and board our private charter flight to Nuuk, Greenland. Upon arrival—and if time allows—you may be transferred from the airport to a central downtown location to enjoy some time on your own to explore this quaint port town before making your way to the pier. After a late afternoon embarkation, you will depart Greenland's capital city en route to the stunning Arctic wilderness and picturesque coastal communities.

#### DAY 3 | AT SEA

Your first full day in Greenland will be spent onboard *Ultramarine* as we transit south along the west coast of the largest island in the world. Today is an excellent opportunity to learn about Greenlandic history, glaciology, and ecology from our team of onboard polar experts. Spend some time on the outer deck to spot ice carried along by the currents of Baffin Bay, observe seabirds in flight above and around the ship, and keep your eyes peeled for any Arctic wildlife. Today also includes all mandatory briefings and preparations for Zodiac excursions other off-ship adventures.

#### DAY 4 | IKERSUAQ (BREDEFJORD) **REGION: BAYS, COVES, ISLANDS AND FJORDS**

Your first day of off-ship excursions will introduce you to the Southwest Greenland region known as Bredefjord (Ikersuag in Greenlandic), a network of bays, coves, islands and fjords surrounded by mountains. As always, weather and sea conditions determine the day's



**SOUTH GREENLAND:** Exploring Glaciers, Fjords and Viking Culture

Onboard the *Ultramarine* Flight to/from Reykjavik - - - - - activities. We hope to visit Qalerallit Sermia, which features three glacial faces descending from the Greenland Ice Sheet. With glaciers stretching toward the sea, you may also seeand hear—glacial runoff in the form of cascading streams or waterfalls. Set against the crackling of ice, the silence here is paradoxically loud—and hauntingly beautiful. The terrain, like much of Greenland, is uneven without defined trails, but many locations are suitable for hiking. Some guests may opt to charge uphill to gain an elevated perspective, while others choose to walk slowly and appreciate the landscape.

Our team accommodates hikers of all levels of ability.

We will experience rugged mountain landscapes and striking glacial scenery. Glaciers can be found in many bays and coves, and you will see icebergs of various shapes and sizes drift by. We may explore them more intimately by Zodiac—from a safe distance, of course.

### **DAY 5** | KUJATAA: EXPLORING NORSE HISTORY

South Greenland is steeped in lore surrounding the famous Greenlandic Viking, Erik the Red, and the seemingly sudden disappearance of Norse settlements. It's no surprise that many of our guests have come in the hopes of witnessing vestiges of this lost civilization. Today, we'll get to walk in the footsteps of those long-gone Vikings. We'll visit Narsaq, on Tunulliarfik Fjord, where you'll immediately notice the brightly colored homes that have been occupied for generations. Ranging from reds and greens to blues and yellows, many trimmed in bright white, the community stands out as particularly picturesque. Guided walks in and around Narsag will include some of the oldest Norse settlement ruins in Greenlandadjacent to an active community of locals going about their day-to-day lives.

We also hope to visit Qassiarsuk, home to Brattahlíð, the site of Erik the Red's original estate. Located in a surprisingly verdant part of South Greenland, the landscape is lush with vegetation and dotted with grazing sheep. It's this fertile setting that drew Norse settlers here more than a thousand years ago, and today, the area offers a vivid picture of that distant past. Carefully restored with reconstructions of original Norse buildings, the site invites visitors to imagine daily life in this historic settlement. A small community of Greenlandic residents still lives in a place where ancient Norse traditions and modern Greenlandic culture thrive side by side.

### **DAY 6** | TASERMIUT FJORD: THE ARCTIC PATAGONIA

The deep fjord of Tasermiut is striking in its stark natural beauty. Steep mountains rise abruptly from the sea. Sharp peaks and ridgelines dominate the skyline, while the valley floors and lower slopes support a surprisingly diverse mix of vegetation—grasses, wildflowers, lichens and hardy dwarf trees. Signs of glacial retreat are clearly visible: once ice-filled



valleys now channel milky blue rivers that fan out into small deltas and tidal flats as they meet the fjord.

The intention here is to explore by foot, with hiking routes suitable for guests with a range of interests and abilities. Some may choose a faster-paced trek to reach deeper into the wilderness, while others may take their time, pausing to admire the incredible landscape. As in previous outings, the ground will be unevenrocky in places, with patches of moss and low vegetation.

Our route will depend on conditions, but possible destinations include Klosterdalen and Qoorormiut Kangilliit-both known for their dramatic mountain backdrops.

#### DAY 7 | PRINS CHRISTIAN SUND AND **AAPPILATTOQ: RUGGED COASTAL WILDERNESS**

The epic scenery continues as we make our way toward Prins Christian Sund, which is synonymous with dynamic ice conditions. This narrow body of water is wedged between steep mountain ranges

to the north and south, and it can serve as a corridor for both glacial and sea ice. Intimacy and grandeur apply here, as the narrowest section of the body of water is roughly 400 meters (1,300 feet) across. High above, on both sides of the fjord, are mountain summits that reach between 1,300 (4,200 feet) and 1,700 meters (5,500 feet) above sea level. In other words, these mountains can—and do—rise nearly vertically. We may explore the glacial ice by ship and Zodiac. During the summer glacial runoff, and particularly after rains, this region is home to numerous waterfalls, cascading down seemingly vertical mountain sides. To feel the true scale of nature, you need only sail through Prins Christian Sund.

If conditions allow, we may also visit the small village of Aappilattoq, home to fewer than 100 residents. Similar to other coastal Greenlandic communities, this small village is known for colorfully painted homes against a backdrop of cliffs and mountains-and icebergs, which regularly drift by the small

community, and are often seen inside the inner harbor. There's something almost mythical about Aappilattoq, where the inhabitants, many of them fishermen, live alongside drifting icebergs and powerful mountain ranges.

#### **DAY 8** | UUNARTOQ: VIBRANT PLANT LIFE, MOUNTAINS AND ICEBERGS

In summer, the valleys and foothills of Uunartoq Fjord live up to the name Greenland. A region of mountains and stunning geology, Uunartoq also offers a diverse range of plant life. Pockets of grasses, mosses, lichens, and flowering plants, including delicate orchids, grow here, adding splashes of color to this otherwise mountainous, glacial landscape. The hiking routes are stunning, particularly for those fascinated by how plants and wildlife adapt to life in the Arctic and sub-Arctic. You can choose from hikes of varying difficulty—from longer treks with gentle elevation gains to slower, more contemplative walks that allow you to stop and smell the flowers.







The adjacent waters are home to icebergs and marine mammals. Shifting shades of white and glacial blue ice drift with the currents, scattering uniquely shaped ice forms across the landscape. You may spot marine mammals, such as seals and various species of whales. Minke and humpback whales are the most common in Uunartoq Fjord, though we occasionally see fin whales, as well.

Uunartoq Fjord is also known for its geothermal hot springs, and depending on conditions, it may be possible to visit some of these natural hot springs during our visit.

#### **DAY 9** | HVALSEY: ICONIC NORSE **RUINS**

The four walls and foundation of the stillstanding 14th-century Hvalsey church are considered the most iconic of all Norse ruins in Greenland. For history buffs, this site is akin to a pilgrimage. While we will have encountered Norse ruins earlier in the voyage and visited reconstructions of long-lost villages, Hvalsey evokes a surprisingly complex range of emotions haunting, reverent, and deeply curious.

Standing almost alone in an otherwise wild landscape, the Hvalsey church prompts one to wonder how civilizations can be forgotten for centuries, and then suddenly remembered. The rolling terrain of this well-chosen site, a mix of rock and vegetation, will appeal to hikers in the group.

#### DAY 10 | AT SEA: NORTHBOUND TO NUUK

While heading to Nuuk, relax and enjoy yourself as we cruise along the coast of Greenland, or continue your Arctic education by attending another expert-led presentation. Weather-permitting, there may be an opportunity for one last shore excursion near Ivittuut, a small peninsula on the mainland. Today is also your last chance to take advantage of Ultramarine's beautifully-designed Tundra Spa & Sauna.

#### DAY 11 | DISEMBARKATION, EXPLORE NUUK, FLIGHT TO REYJAVIK

After breakfast, guests will be transferred from the pier to the town center. You will have a half-day to explore Old Nuuk and visit the Hans Egede Church and waterfront statue, commemorating the

Norwegian missionary who founded Greenland's first European settlement in 1721. Guests will also have a chance to visit the Greenland National Museum to explore exhibits on Greenland's cultural heritage, including the famous 500-yearold mummies and the 4,000-year-old kayak tradition. After exploring Nuuk, guests will meet at a designated spot in town for the transfer to the airport for their charter flight to Reykjavik, which is included in the Charter Flight & Hotel Package.

#### **DAY 12** | DEPART REYKJAVIK

After breakfast at your included hotel, make your way independently to Keflavik international for your onward flight, or continue your independent explorations of Reykjavik at your leisure.





#### **EXPEDITION SPIRIT**

Embracing the unexpected is part of the legacy—and excitement—of expedition travel. When traveling in extremely remote regions, your Expedition Team must consider the sea, ice, wildlife, and weather to guide the route and itinerary details. This itinerary is a tentative outline of what you'll experience on this voyage; please be aware that no specific itinerary can be guaranteed. By the same token, wildlife sightings as described are expected, but not guaranteed. Your Expedition Team will use their considerable experience to seek out wildlife in known habitats, but the presence of any particular species of bird or marine wildlife is not guaranteed.



# Science & Discovery

A new initiative designed to foster community, curiosity and education.

Beginning in our Arctic 2027 season on select *Ultramarine* itineraries, Quark Expeditions is collaborating with leading scientists and researchers to enrich guest learning on- and off-ship.

Guest Engagement: Through researcher-led sessions, and interactive learning and field experiences with our expedition team, guests will gain a better understanding and appreciation of the polar wilderness.

This Science & Discovery program will enable guests to:

- Interact and connect with scientists and researchers who are actively collecting data during expeditions.
- Participate in citizen science **programming** to broaden their understanding and knowledge of the incredible polar ecosystem.
- Work with our expedition team to help collect and record data, ranging from experiences such as conducting seabird surveys on deck to documenting whale sightings on Zodiac excursions or joining interactive sampling activities to measure water conditions.

#### **SCIENCE IN THE FIELD**

**Quark Expeditions supports** academic research through partnerships with institutions such as Seabird Watch to deepen our understanding through access to projects that are contributing to published research and projects of high importance.

#### **CITIZEN SCIENCE**

In collaboration with the Polar Citizen Science Collective and Fjord Phyto, guests can engage in meaningful scientific data collection that supports targeted field research for projects like Happywhale.

#### **QUARK SCIENCE HUB**

This designated space on *Ultramarine* enables guests to share knowledge, information and insights with scientists, researchers, and our Expedition Guides.



Gather with scientists, researchers and expedition guides to share findings and insights from the voyage.



Engage with interactive digital displays featuring multimedia content for self-guided discovery even when staff aren't present.



such as drones, wildlife tags, and biopsy and guano sampling, enable us to study the health, population, and migratory pathways of unique birds, whales, and seals.

Learn how data collection methods,



Review and discuss observations and explore samples collected during science Zodiac cruises with other participants.

Note: The Science Hub is open to guests for self-guided exploration when staff are otherwise occupied.







South Greenland: Exploring Glaciers, Fjords and Viking Culture itinerary is the first of its kind to be designed in full collaboration with local partners. This program not only aligns with local tourism development strategies, but it has been endorsed by Kommune Kujalleq, the regional government of South Greenland. This itinerary will offer more local touch points than any other Quark Expeditions voyage.



#### 1 | AAPPILATTOQ

Storytelling, food, music and friendly competition are some of the experiences you can expect during this visit to one of Greenland's smallest communities.



#### 2 | TASERMIUT CAMP

Join your Greenlandic hosts for a taste of overnight life on the land in one of our most immersive local experiences.



#### 3 | TAMASSA

For a special voyage event, we welcome a range of local artists, craftspeople, musicians, and chefs onboard for an immersive cultural festival, Tamassa.



#### **4 | KUJATAA UNESCO SITE**

See where Viking and Inuit history meet as you explore the sub-Arctic farming landscape of South Greenland..



# Arrival and Departure Details, and International Flight Planning



#### Arrival

#### DAY 1 — ARRIVAL AND HOTEL NIGHT IN REYJKAVIK

You may arrive at any time during Day 1 of the itinerary. Make your own way to the group hotel, conveniently located near Keflavík International Airport. The hotel is included in your Charter Flight & Hotel Package. A Quark Expeditions representative will be available in the lobby later in the day to answer any questions.

#### DAY 2 — CHARTER FLIGHT AND EMBARKATION IN NUUK

Your charter flight to Nuuk is expected to depart from Reykjavik in the morning. The scheduled flight time will be communicated in your welcome letter, and you will be transferred from your hotel to the airport check-in.

#### PLEASE NOTE

There is a strict luggage weight limit on checked luggage and cabin baggage on the flights between Reykjavik and Nuuk. There is no option to pay for additional luggage.

#### You will find in your final documents:

- ) Luggage weight restrictions on charter flights.
- Hotel information and check
- ) Charter flight time to embarkation point
- ) Embarkation plan
- Departure charter flight time

### Final Day and Departure

#### **DISEMBARKATION IN NUUK**

Your ship is scheduled to arrive back in Nuuk between 7am and 8am local time. We hope to spend the day exploring the area around Nuuk, returning to the ship for lunch.

#### **DEPARTING FROM REYKJAVIK**

Upon arrival in Reykjavik, there will be a group transfer to your included post-expedition hotel. After breakfast the following morning, you may make your way to the airport to connect with your onward flight, or stay longer if you have booked additional accommodation.

### Arrival and Departure Transfers

#### **REYKJAVIK AIRPORT TRANSFERS**

Transfers between Keflavik International Airport and your hotel are not included when you arrive in Iceland from your international flight or when you depart for your international flight at the end of the voyage. You will need to arrange your own transportation.

#### **PLEASE NOTE**

#### Reykjavik Hotel Accomodatsion:

The Charter Flight & Hotel
Package for this expedition includes
two nights of hotel accommodations,
on Day 1 and Day 11, at a hotel close
to Keflavik International Airport.
This is outside the city of Reykjavik.
If you wish to visit the city of
Reykjavik, make sure you allow
for a one-hour transfer between
Keflavik and Reykjavík. Consider
your accommodation plans if you
are planning additional sightseeing
beyond the expedition.





#### **ULTRAMARINE**

The technologically advanced *Ultramarine* is built to go beyond the familiar in polar travel and to immerse guests in the best the region has to offer.

With 20 Zodiacs strategically positioned at water level for quick deployment, *Ultramarine* offers the industry's largest portfolio of off-ship adventures. The vessel features the most spacious suites in its category, breathtaking public spaces, exceptional wildlife-viewing areas, and sustainability systems that exceed industry standards. *Ultramarine* also features an onboard Science Hub, a centerpiece of our Science & Discovery program.

*Ultramarine's* wellness amenities include Tundra Spa with VOYA treatments, morning stretch classes, a sauna, a fully equipped fitness center, and health-conscious dining designed to restore balance and vitality at sea.

*Ultramarine* is designed to deliver unforgettable polar memories.

#### SHIP SPECIFICATIONS:

Staff and Crew: 140

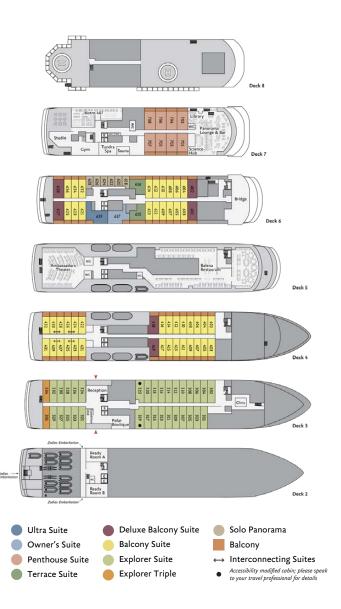
Guests: 199

Lifeboats: 4, fully enclosed

Ice Class: PC6

Visit QuarkExpeditions.com to view deck plan details.

\*Ultramarine's two twin-engine helicopters do not operate on our Arctic 2027 voyages.





# Included Activities

All of these activities are included in the price of your trip.

Ready for a little adventure beyond your ship? Each Quark Expeditions® voyage offers a variety of recreational activities to enhance your polar experience.

#### X PADDLING EXCURSION

If you're interested in kayaking but would like to try something a bit less demanding than Sea Kayaking, you're the perfect candidate to sign up for a one-time paddle on our stable sit-on-top kayaks-perfect for anyone with minimal or no kayaking experience. Small groups of passengers will be taken out on calm days, with our expert guides always present to provide instruction and help you connect with the polar sea. Two groups of 10 will be prebooked, and once successfully completed, any subsequent outings will be offered via lottery on board.

#### ZODIAC CRUISING

Zodiacs are the workhorses of polar expeditions, taking you to places the ships can't access, allowing you to reach remote shorelines, explore shallow inlets and search for unique wildlife. Expedition staff make stepping in and out of them safe and comfortable, and your Zodiac drivers will provide active interpretation, making the landscape come even more alive.

#### **A** COMMUNITY VISITS

Thanks to Quark Expeditions' longstanding partnerships in the Arctic, our expedition team will plan community visits—dependent, of course, on weather and ice conditions. These community opportunities—always coordinated in advance with the collaboration of local partners—enable guests to learn more about the culture, traditions, food and lifestyles of Arctic people. Many feature visits to Indigenous communities, often the Inuit of either Nunavut or Greenland. Music, dance, food and storytelling are some of the experiences guests can expect.



#### **HIKING**

Led by experienced staff, exploring on foot is one of the best ways to appreciate the polar landscapes. Our guides are able to accommodate a range of skill levels.



#### **PRESENTATIONS**

Enjoy daily chats with and presentations by our world-class onboard polar experts—expedition guides, specialists, photography guides and other special guests who will introduce you to the fascinating history, biology, ornithology, glaciology and geology of the region, and much, much more.



#### SCIENCE & DISCOVERY

Our Science & Discovery program offers guests the unique opportunity to engage directly with scientists and researchers and participate in citizen science activities with the expedition team to collect and record data. Activities include conducting seabird surveys on deck, documenting whale sightings, and participating in interactive water sampling activities to measure environmental conditions. This program provides travelers with rare, first-hand experiences that contribute to global scientific research and deepens their understanding of and appreciation for the polar environment.



**POLAR PLUNGE**This rite of passage, scheduled only once per expedition, gives you the chance to jump safely into the bracing Arctic waters under the watchful eye of our staff-and just about every single camera on board.

#### PHOTOGRAPHY

Documenting your voyage so you can take the memories home is a rewarding experience. Our photography guides will help you hone your skills to capture the beauty of the polar regions.

Contact your Polar Travel Adviser or your Travel Professional for more information about your Included Activities.



# Adventure Options

All of these activities cost extra and should be booked in advance of your trip.

#### **GREENLAND CAMP EXPERIENCE**

Join local hosts at Tasermiut Camp, one of the most exclusive camps in Greenland. Our local guides will lead you through the wonders of their homeland. Spend ample time, in intimate groups, walking through the beautiful landscapes and pristine valleys, roam the tundra with a local chef who will show you fresh ingredients and then prepare an incredible meal together. Overnight at the camp and, if conditions are right, experience the magnificent colours of the polar twilight which will bring the beautiful mountainous surroundings into full effect. Depending on conditions, this is also an excellent venue to enjoy the Northern Lights.

### TUNDRA TO TABLE: INUIT CULINARY EXPERIENCE

This one-of-a-kind adventure into the culinary traditions of the Inuit in Greenland and Nunavut is hosted by Inuit chefs who are experts in Indigenous cuisine. Tundra to Table was developed in partnership with Igapall, a non-profit Inuit food and cultural group. Guests enjoy four courses of modern Inuit fusion-style cuisine while chefs talk about the origins of the food and elements of Inuit cooking. The dinner, featuring regional tableware, includes cultural storytelling.



#### **PLEASE NOTE**

Pre-booking is required for all paid activities as there's no guarantee of available spaces on ship. Book early as spaces fill quickly.



# Our Commitment to Conservation & Community

We're proud to partner with local communities to create immersive guest experiences that build respect for wildlife, culture and the land, and to work with leading scientists to support the conservation of the Arctic regions.

### **Empowering Local Development**

We champion Arctic communities' goals for economic development and sustainable tourism through local hiring, infrastructure support, and advance visit planning.

### **Investing Directly** in Communities

With guest support, we help fund community-led projects—from food banks to cultural and language-based programs.

# **Co-creating with Community Partners**

By partnering with local groups, we create authentic experiences—such as Tundra to Table, developed with *Igapall*, which enables Inuit chefs to share Greenlandic cuisine and culture. This program is available on most *Ultramarine* itineraries that operate in Greenland and the Canadian High Arctic.

To also learn about our conservation efforts, and how we connect guests to the natural world through hands-on experiences and education, visit us online at Community & Conservation.





#### **Community**

We deliver authentic experiences for our guests that benefit local partners and the communities we visit.



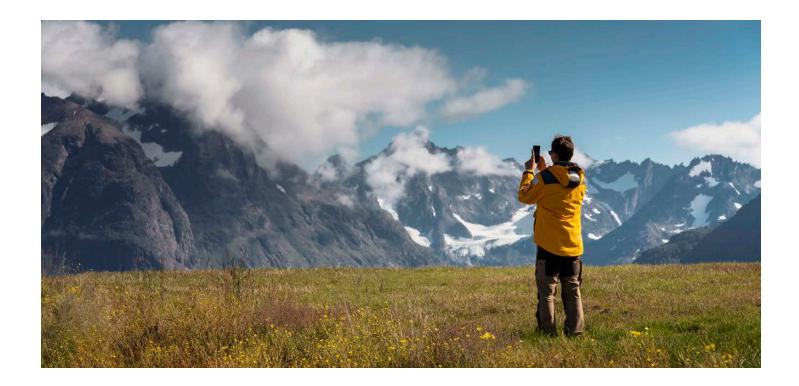
# Departure Date

South Greenland: Exploring Glaciers, Fjords and Viking Culture

#### **ULTRAMARINE**

			X	<b>♦</b> •1 <sup>  </sup>	lack
Dates	Days	Start / End	Paddle Excursion	Tundra to Table	Camp Experience
ARCTIC 2027					
AUG 7 - 18, 2027	12	Reykjavik	included	\$	\$

\$ Paid Activities



# Inclusions and Exclusions

#### **Inclusions**

#### **RATES INCLUDE:**

- An official Quark Expeditions® parka to keep
- Leadership throughout your voyage by our experienced Expedition Leaders, including shore landings and other activities
- All Zodiac transfers and cruising as per the daily program
- All shore landings as per the daily program
- · Shipboard accommodation with daily housekeeping
- All meals, snacks, soft drinks and juices on board throughout your voyage. Please inform us of any dietary requirements as far in advance as possible.)
- Complimentary select beer, wines and cocktails during bar service hours and dinner
- Complimentary coffee, tea and cocoa available around the clock
- Formal and informal presentations by our Expedition Team and guest speakers as scheduled

- · A photographic journal documenting the expedition
- A pair of waterproof expedition boots on loan for landings and Zodiac cruising excursions
- · Hair dryer and bathrobes in every cabin
- Complimentary Wi-Fi service on one device permitting basic Internet browsing, email, posting on social media and voice applications. (Premium packages are available for more data-intensive applications.) Note: Internet access in the polar regions is subject to geography, climate, and other factors beyond our control.
- All miscellaneous service taxes and port charges throughout the program
- · All luggage handling aboard the ship
- · Greenland voyages cruise passenger tax

#### **Exclusions**

### RATES SPECIFICALLY DO NOT INCLUDE:

- Charter Flight & Hotel Package\*
- · International airfare
- · Arrival transfers in Reykjavik
- · Passport and visa expenses
- Government arrival and departure taxes not mentioned above
- Baggage, cancellation, interruption and medical travel insurance—strongly recommended
- Excess-baggage fees on domestic and international flights
- Mandatory waterproof pants for Zodiac cruising, or any other gear not mentioned
- Laundry, bar, spa and other personal charges unless specified
- Phone charges may vary by location
- Voluntary gratuity at the end of the voyage for shipboard staff and crew
- · Additional overnight accommodation
- Adventure Options not listed in Included Activities.

#### \*CHARTER FLIGHT & HOTEL PACKAGE INCLUDES:

- · One night's pre-expedition hotel accommodation in Reykjavik (breakfast included)
- · Charter flights between Reykjavik and Nuuk
- · Group transfers between the Nuuk airport and the ship
- · Group transfer from Reykjavik airport to hotel on disembarkation day
- · One night's post-expedition airport hotel accommodation, near Keflavik airport. (breakfast included)



# Your Expedition Team

Our Expedition Leaders and their teams bring diverse expertise in subjects as varied as polar history, marine biology, glaciology, ornithology and photography. Their knowledge and enthusiasm will greatly enhance your immersion into the polar environment and further deepen your connection to the Arctic.

With over 30 years of experience bringing passengers to remote polar regions and an industry-leading staff-to-guest ratio, we know how to safely handle the unexpected. Ensuring this hard earned experience is passed on, our expedition staff receive comprehensive training in Quark Academy, which provides handson polar expedition training prior as part of our onboarding process as well as ongoing training for experienced staff.





# On-Ship Dining

Every on-board meal is included in the cost of your trip.



9 BREAKFASTS



9 LUNCHES



9 DINNERS

If there's one constant on board, it's incredible food. You enjoy three delicious meals daily-all included. Let us know before your expedition about any dietary restrictions.

Breakfasts and lunches are typically buffet-style, while dinners are plated. À la carte meals are made at the time of your order, ensuring top quality every time.

Coffee, tea, cocoa, and water stations are available—at no charge—24/7. Complimentary soft drinks and juices are served during meals and when the bar is open. Bonus: enjoy complimentary alcohol throughout your voyage (see "Raise A Glass" sidebar for details).

Premium wines and champagne are available for purchase. Our well-stocked bars are open late morning, afternoon, and evening—hours may shift slightly to accommodate the expedition schedule.

#### Raise A Glass

Enjoy complimentary select beer, wines and select cocktails during bar service hours and dinnerthroughout your voyage—as part of our "Raise A Glass and Stay Connected" Program.



## Possible Excursions

#### **AAPPILATTOQ**

Aappilattoq, a colorful community at the west end of Prins Christian Sund, is enveloped by steep, glacially carved mountains. There are fewer than 100 year-round residents, many of whom are fishermen. Visiting Aappilattoq offers an authentic experience that takes guests off the beaten path.

#### **BRATTAHLÍÐ**

Brattahlíð (meaning "the steep slope") was Erik the Red's estate in the Viking Eastern Settlement, which he established in 985. It's also the site of the first Greenlandic parliament, as well as Greenland's first Christian church, built for Erik's wife, Tjodhilde. The ruins of several buildings, including living quarters, outhouses and Tjodhilde's church, are still visible today, and replicas of the original chapel and longhouse are located nearby. The present village, Qassiarsuk (the Greenlandic name for Brattahlíð),

was founded in 1924. The area is home to some of the most fertile land in the country, just as it was when Erik first laid eyes on it.

#### **BREDEFJORD REGION**

Possible excursion locations include Qalerallit Sermia glacier and Qoornooq (also known as Narsatsiaq). We hope to Zodiac cruise by icebergs, and go hiking. Our best opportunity to see the Greenland Ice Sheet will be at Qalerallit Sermia, a glacier that extends down the mountains and connects with the Ice Sheet above. If conditions allow, there may be opportunities to hike to elevated viewpoints to glimpse the Ice Sheet itself in the distance, but regardless, being this close and seeing drifting glacial ice will certainly make us aware of its presence. The surrounding landscapes feature glacially-fed waterfalls, streams and breathtaking scenery.

#### **HVALSEY**

One of the most iconic landmarks in all of the Arctic, the Hvalsey church walls and foundation remain standing after an





estimated 700 years. There aren't many visual testaments to the long-gone Norse civilization that are more profound than this church, and it is absolutely a landmark any traveler to South Greenland will want to visit. The terrain is gentle and suitable for hiking, and it's clear why this area was chosen as a community site centuries ago.

#### **IVITTUUT**

A small peninsula with reasonable access to the transit route back to Nuuk, as long as conditions allow. While wildlife can never be predicted or guaranteed, muskoxen may be spotted here.

#### **NARSAQ**

Located on the Nuup Kangerlua (Narsaq Sound), Narsaq is known for its colorfully painted homes surrounded by beautiful mountains. It's home to Norse ruins and excavation sites. These ruins and the affiliated museum offer excellent opportunities to reflect on the region's history.

#### **PRINS CHRISTIAN SUND**

This long, often narrow waterway connects the open ocean to the east through a network of fjords. The region is visually striking, partly due to the surrrounding steep mountains. Ice often adds an otherworldly feel. Hiking and Zodiac cruising may be possible, depending on ice conditions. You can frequently spot glaciers, as well as summertime waterfalls and glacial streams. Nearby peaks rise nearly 2,000 meters (7,200 feet), marked by jagged summits and sheer cliffs.

#### **TASERMIUT FJORD**

Exploring Tasermiut Fjord allows for a closer connection with the landscape that is considered one of the most beautiful places in Greenland. At 43 miles (70 km) long, this picturesque fjord will be a highlight of your south Greenland experience. The mountains and hiking opportunities around Klosterdan and Qoorormiut Kangillit will satisfy hikers,

whether they are looking for longer, more strenuous hikes, or more casual strolls to appreciate the scenery. The jagged mountain scenery will provide excellent opportunities for landscape photography, and a surprising amount of vegetation can be found here.

#### **UUNARTOQ**

In summer, the valleys and foothills of Uunartoq Fjord bring the name Greenland to life. This mountainous region features striking geology and a surprising diversity of plant life. You may have the chance to hike here.





#### **EXPEDITION SPIRIT**

Embracing the unexpected is part of the legacy—and excitement—of expedition travel. When traveling in extremely remote regions, your Expedition Team must consider the sea, ice, wildlife, and weather to guide the route and itinerary details. This itinerary is a tentative outline of what you'll experience on this voyage; please be aware that no specific itinerary can be guaranteed. By the same token, wildlife sightings as described are expected, but not guaranteed. Your Expedition Team will use their considerable experience to seek out wildlife in known habitats, but the presence of any particular species of bird or marine wildlife is not guaranteed.

# What to pack on your Greenland expedition

WHAT TO BRING Packing for the Polar Regions doesn't have to be daunting, and to make it easier for you, all Quark Expeditions voyages include a Quark parka to keep, and a loan of insulated waterproof boots. Additional suggested items include:

#### **BY SEA**

All transfers ship to shore and Zodiac/ship cruising.
☐ Waterproof pants (mandatory for every Zodiac ride)
$\square$ Base-layer wool or synthetic top* $\square$ Mid-layer warm or fleece bottom
$\square$ Base-layer wool or synthetic bottom* $\square$ Mid-layer warm or fleece top*
☐ Warm hat that covers ears (bring an extra)
$\square$ Scarf, buff, or other face protection
☐ Warm wool or synthetic socks (keep a dry pair in your bag, and bring extras for layering)
☐ Waterproof gloves or mitts (bring an extra, lighter pair for hiking)
$\Box$ Glove liners* $\Box$ Hand and feet warmers* $\Box$ Binoculars
□ Polarized sunglasses with UV protection (consider bringing an eyewear retainer: string/clip etc.)
☐ Sunscreen ☐ Ski goggles (for Zodiac cruising on snowy or windy days
□ Waterproof, lightweight backpack or dry sack and/or rain sleeve for camera or a waterproof phone case (to keep camera & gear dry)
*recommended layering depending on the conditions of the day and reflecting your personal thermo-regulation comfort levels.
BY LAND (Shore Excursions and Hiking) In addition to the gear requirements (as above) mandatory for the transit from ship to shore, it is recommended to bring:
□ Worn-in Hiking footwear: While Muck-boots are provided and encouraged for most shore excursions, additional hiking footwear (Goretex-lined boots or similar water-proof hiking boots) can add to your hiking comfort, especially if you are a keen hiker
☐ (Smart) Wool or synthetic hiking socks for above footwear (bring an extra pair)
☐ Lightweight and quick-dry, trekking pants that may or may not convert to zip-off shorts* (*depending on your thermo-regulation)
☐ Breathable waterproof pants* and rain jacket** for outdoor activities in inclement weather (*can be the same pair you use for Zodiac operations / ** can be outer shell of complimentary Quark 3in1 Parka)
$\hfill\Box$ Comfortable long or short-sleeve shirt for hiking either synthetic/quick-dry or merino (smart) wool
$\square$ (Hiking) gloves (medium thickness, waterproof preferred)
☐ Hat, buff or scarf (for wind and weather protection)
☐ UV protection (hat, polarized sun glasses, sun block, lip balm)
☐ Collapsible walking sticks for hikes (if required)  Quantities are available to borrow on every vessel
☐ Additional reusable thermos or water bottle (in addition to the reusable collapsible water bottle provided)

#### TO WEAR ON BOARD

jeans, etc. (in case the ship gets warm)
☐ Comfortable non-slip closed-toed, heelless shoes (flip flops, sandals or slip-on shoes should not be worn on board due to safety concerns)
$\hfill\square$ Workout attire (for the fitness center and other indoor activities)
☐ Swimsuit for the Polar Plunge. Some vessels may also have a pool, hot tub, sauna and/or steam room. See your ship book for details.
Just a reminder: No formal evening wear required on our voyages but if you would like to bring something a little more dressy for the Captain's welcome and farewell cocktails you may certainly do so.
ADDITIONAL ITEMS
☐ Passport, visas, immunization records, travel documents, etc. as required
□ Camera gear—complete with charger, storage medium, transport and cleaning kit (lens cloth etc.) and extra batteries
□ Waterproof cell phone case or rain sleeve for camera
☐ Earplugs and eye masks for sleeping
$\hfill\Box$ Voltage converters and plug adapters (see ship book for details)
☐ Moisturizer for face and hands (skin dryness due to wind and temperature changes)
☐ Seasickness, indigestion, headache, or other medications
$\hfill \square$ Small amount of local currency (see pre-departure book for more details)
☐ Insect repellant ☐ Mosquito netting



Scan this QR code or <u>click here</u> to watch our video on what to pack before you go.

- > To view our packing checklist online, visit: QuarkExpeditions.com/What-to-Pack/Greenland
- Related topics are covered on our Frequently Asked Questions page: QuarkExpeditions.com/Frequently-Asked-Questions



To book your next adventure

Contact your Travel Professional
or a Quark Expeditions®

Polar Travel Adviser

#### Toll free and local numbers:

North America (Toll Free) 1 888 332 0008 U.K. Tel +44 203 514 2712 U.K. (Toll Free) 0 808 120 2333 Australia Tel +61 2 72580333 Australia (Toll Free) +61 1800 953518 France Tel +33-1 80 14 01 05 France (Toll Free) 08 05 08 66 46

QuarkExpeditions.com

Photos captured with a telephoto lens from a responsible distance, following regulatory/AECO guidelines.

