

Falkland Islands and South Georgia: 20-Day Wildlife Adventure

Onboard *Ultramarine*



Contents

- 1 Expedition Overview
- 2 Itinerary
- 7 Science and Discovery
- 8 Arrival and Departure Details, and International Flight Planning
- 10 Your Ship: *Ultramarine*
- 11 Included Activities
- 12 Adventure Options
- 13 Departure Dates
- 14 Inclusions and Exclusions
- 15 Your Expedition Team
- 16 Extend Your Trip
- 17 Meals on Board
- 18 Possible Excursions
- 21 Packing Checklist



Expedition Overview

Falkland Islands and South Georgia: 20-Day Wildlife Adventure

No other voyage compares: spend more time exploring the Falkland Islands and South Georgia than ever before on our exclusive 20-day Falkland Islands and South Georgia: 20-Day Wildlife Adventure. Sailing from the Patagonian coastal city of Puerto Madryn, you'll reach the northwesternmost islands of the Falklands—a rare achievement for even the most seasoned polar adventurers. Enjoy three days exploring the Falklands archipelago, with visits to spectacular sites like Steeple Jason the world's largest black-browed albatross colony—and New Island. Then immerse yourself for six full days in wildlife-rich South Georgia virtually unheard of in expedition travel.

Highlights



Enjoy more time in the Falklands and South Georgia than any other itinerary



Explore spectacular Steeple Jason and New Island, famous for diverse wildlife



Encounter southern elephant seals during peak pupping season



Potentially see six penguin species: gentoo, chinstrap, Magellanic, rockhopper, king and macaroni



Pay homage at the grave of explorer Sir Ernest Shackleton



Potentially see four species of dolphins: Commerson's, Peale's, dusky, and hourglass.



Itinerary

DAY 1 | ARRIVE IN BUENOS AIRES, ARGENTINA

Upon arriving in this cosmopolitan city, known for its architecture and rich European heritage, you will independently transfer to your group hotel, which is in your Charter Flight and Hotel Package.

DAY 2 | FLY TO PUERTO MADRYN AND EMBARK

Following breakfast at our hotel, we will transfer to the airport for our charter flight to Puerto Madryn, in the Patagonian province of Chubut on Argentina's stunning Atlantic coast. Upon arrival in Puerto Madryn, your checked bags will be transferred directly to your cabin on *Ultramarine*, leaving you free to explore this lively Patagonian port town. As you stroll the shoreline, you may spot sea lions basking on the beach or catch sight of southern right whales offshore. Visit the local cafés and artisan markets for a taste of the region's Welsh-Argentine heritage.

In the afternoon, we'll gather for the group transfer to the port to board *Ultramarine*. After check-in, you'll be shown to your comfortable cabin—your home for the next 18 nights. Once you've settled in, your warm and friendly Expedition Team will introduce themselves and the ship, sharing important details about the voyage ahead. Expect an air of excitement as we set off toward the wildlife-rich sub-Antarctic islands of the Falkland Islands and South Georgia.

DAYS 3 & 4 | AT SEA: GETTING TO KNOW YOUR SHIP AND FELLOW TRAVELERS

From Puerto Madryn we set our course for Islas Malvinas, also known as the Falkland Islands, where we aim to dedicate at least three days to exploration. En route, we will transit rich waters that support an array of wildlife, and in these latitudes—between 42 and 51 degrees north—you may spot avian and marine species you might not see



FALKLAND ISLANDS AND SOUTH GEORGIA: 20-Day Wildlife Adventure

Onboard Ultramarine

further south. Be sure to spend time on the outer decks taking in the open water, and keep your binoculars handy for any wildlife sightings.

Your Expedition Team will host expert presentations about the Patagonian coastlines and the isolated wildlife hotspots of the Falklands and South Georgia. Time at sea also provides opportunities to slow down and relax, and spend time getting to know your fellow ship mates who have traveled from diverse countries around the globe—and who share your passion for wildlife and adventure. It's not uncommon for guests to make lifelong friends.

As we near the Falkland Islands (also known as Islas Malvinas) sometime in the evening of our second day at sea, you may notice an increase in seabirds, particularly albatrosses. We'll set course for the farthest—and rarely visited—northwest islands in the archipelago. Some of these islands are annual nesting sites for tens of thousands of birds,

including the black-browed albatross. While many eyes may be trained toward the horizon and above in search of birds, stay alert to signs of movement above and beneath the surface of the water. Peale's, Commerson's, and dusky dolphins can be seen here, along with the occasional baleen and long-finned pilot whale.

DAY 5 - 7 | THE FALKLAND ISLANDS (ISLAS MALVINAS)

With extended time in the Falklands, we'll seek opportunities to visit seldom explored sites renowned for birdlife and beauty. Our destinations will depend entirely on weather and marine forecasts, as the outer Falklands are exposed to oceanic swells. We'll choose locations that offer the best—and safest—conditions for exploration.

One such site is the small, slender Steeple Jason, one of the most northwesterly islands in the Falklands. Difficult to access, it has been featured in numerous wildlife documentaries for its prolific black-browed albatross colony—the largest in the world, with an estimated 100,000 to 180,000 breeding pairs. It's truly a sight to behold. Their closely packed nests stretch for hundreds of meters along the shoreline, just beyond dense tussock grasses.

Looking west to sea, you'll likely see albatross riding the wind. The walk to the colony crosses uneven terrain and impressive tussock grass, which provides critical habitat for many other bird species. These vivid green grasses, rooted in rocky soil, create a striking contrast with the sharp ridgeline in the background.

Largely untouched by humans, Steeple Jason is home to a small shepherd's outpost and a research field station—overshadowed by vast wilderness. Steeple Jason offers a rare chance to feel truly remote amid a vast ecosystem alive with countless animals.

Our explorations may also take us to New Island, just over thirty nautical







miles south of Steeple Jason. A paradise for birders, this small island boasts coves with white sandy beaches sheltered from the open ocean, and is considered one of the most beautiful in the Falklands. Around 25,000 to 30,000 black-browed albatross nest here, joined by Magellanic, gentoo, and southern rockhopper penguins—each with its own distinct nesting style. Other common sightings include songbirds and the formidable striated caracara. Dolphins, including those in shallow waters, are frequently seen in the area, adding to the island's remarkable wildlife encounters.

Other wilderness destinations may include bird-rich West Point and Saunders Islands in the western Falklands. Saunders Island will amaze you with its long white-sand beaches, the northern shore stretching for kilometers and facing the open sea. It's almost surreal—particularly if you've encountered penguins in ice-and snowladen Antarctica on previous voyages—to watch gentoo, Magellanic, and southern rockhopper penguins making

their way to the water along sandy stretches. There's also a smaller colony of black-browed albatross nests on a nearby cliff, sharing the gently sloped, grassy island with grazing sheep tended by the warm-hearted Saunders family. Look for Commerson's dolphins, often spotted in the shallow waters near Saunders' sandy beaches.

West Point Island is another Falkland gem, with vibrant green vegetation and blooming spring flowers. From the rocky beach, a gentle walk (with slight elevation) leads through a picturesque meadow to a cliff where black-browed albatross nest. West Point Island is home to 2,000 breeding pairs. We'll visit a small section of the colony for intimate views of albatross in their nests and soaring above the waters. The walk passes through grassy fields dotted with wildflowers, blending the domestic with the wild. Energetic hikers may tackle Mt. Ararat for sweeping views, while others can travel by 4X4 to the colony and overlooks. Peale's dolphins, Falkland

steamer ducks, and striated caracara are often seen here.

Carcass is another excellent destination.
Like Saunders and New islands, Carcass boasts stunning white-sand beaches meeting the cold, blue waters of the South Atlantic. Magellanic and gentoo penguins nest here, and the tussock grasses are especially impressive. Look overhead for peregrine falcons soaring high above.

No visit to the Falklands is complete without a stop in its largest community— Stanley. Highlights include the museum (admission covered) and the striking arch monument built from the jaws of blue whales. Pop into a local restaurant or traditional British pub for Falkland fish and chips, or a pint while chatting with locals about life on this windswept sub-Antarctic island. Stanley has a distinct boundary-where residential streets end and open wilderness and sheep meadows begin to stretch into the horizon. We'll set sail in early afternoon, allowing plenty of time to cover the 700+ nautical miles to our next destination: South Georgia.







DAYS 8 & 9 | AT SEA: TRAVERSING THE ANTARCTIC CONVERGENCE

While at sea, we may become aware of our transit over the Antarctic Convergence, or Polar Front. This biological boundary marks where the South Atlantic meets the Southern Ocean, and we'll notice the change as we cross it. Below the Convergence, the water is much colder; where it meets the warmer Atlantic, cloudy or foggy conditions often form. This mixing of currents creates an ideal foraging ground for a variety of birds and marine mammals. We'll likely be accompanied by albatross, petrels, and shearwaters, and may spot whales-some species more often than others. Far from shore, we might see Antarctic fur seals. Seeing prions (part of the petrel family) and shags in greater numbers indicates we're approaching South Georgia.

DAYS 10-15 | SOUTH GEORGIA: GALAPAGOS OF THE SOUTH SEAS

After enjoying South Georgia from a distance, we'll head toward its numerous beaches to find a bay for your first excursion. Landing sites are varied, largely determined by the weather

conditions. The sites you visit will deliver wildlife encounters unrivaled anywhere else on Earth. Biodiverse South Georgia—often described as the Galapagos of the south seas—is one of the most fertile breeding grounds in the world for sub-Antarctic wildlife, with beaches blanketed with penguins and seals.

It won't take you long to realize that you are in a birder's paradise, as burrowing seabirds, albatrosses, and petrels can be seen in abundance. You'll find that South Georgia, once a popular base for whalers and sealers, is also scattered with abandoned relics and evidence of human activity from centuries gone by. Your Expedition Team will help bring those days to life when you visit old whaling stations and enjoy presentations on the South Georgia then and now.

One of the most significant sites you will visit on South Georgia is Grytviken. This settlement is one of the first whaling stations established in sub-Antarctic waters. Grytviken has a special appeal largely because it's the site of the grave of Sir Ernest Shackleton, one of the most famous Antarctic explorers. Guests

and expedition team members uphold a cherished tradition at the Grytviken cemetery, raising a toast to one of the greatest polar heroes.

Mid-October and early November are exceptional times to visit South Georgia, especially for wildlife enthusiasts. At this time of year, male elephant seals battle for control of beach sections, securing breeding rights for females entering their territories. These bouts are fought in bursts, with rest periods between clashes. As the largest pinniped species on the planet, watching these giants spar is a true spectacle.

With extra time in South Georgia, we'll have greater flexibility to explore more sites. If conditions allow, we may visit King Haakon Bay and the very beach where Ernest Shackleton and his party aboard the James Caird landed after their perilous journey from Elephant Island. If not, we'll spend more time along the island's leeward coast, aiming to visit its massive king penguin coloniesThe largest of these colonies. St. Andrew's, which—by conservative estimates—is home to more than 150,000 breeding pairs. We'll also seek out







macaroni penguin colonies—conditions permitting—as these birds favor rugged, exposed coastlines. Possible sites include Hercules Bay, Royal Bay, and Cooper Bay. Expect to encounter some of the island's millions of petrels and prions.

For those craving some active off-ship adventure, we plan to offer (weather-permitting) an extended hike along the final stretch of the route taken by Ernest Shackleton, Frank Worsley, and Tom Crean to the Stromness whaling station in May 1916.

DAY 16-19 | AT SEA: STARTING THE JOURNEY HOME

To say that South Georgia is remote would be an understatement, and as such, we'll need to invest the necessary time to travel the more than 1,000 nautical miles on our return to South America. We'll begin our westward journey through the Southern Ocean, crossing back over the Antarctic Convergence and passing near Burwood Bank—a shallow underwater plateau surrounded by deeper waters. All three of these dynamic regions can

provide opportunities for bird-watching and marine mammal sightings, and we'll feel the gradual shift from the chillier ecological Antarctic to the somewhat warmer environments of Tierra del Fuego.

If the skies are clear and visibility is good, we might catch our first views of the South American mountains on the horizon well before nightfall. As with other regions we've visited, the shelves near the continent can be rich with birdlife and occasionally marine mammals—but the journey isn't over quite yet. After dinner, we will sail west through the famous Beagle Channel on our approach to Ushuaia, Argentina.

DAY 20 | DISEMBARK IN USHUAIA AND FLY TO BUENOS AIRES

We will arrive in Ushuaia in the morning and disembark after breakfast. You will be transferred to the airport for the return group charter flight to Buenos Aires, which is part of your Charter Flight and Hotel Package.

EXPEDITION SPIRIT

Embracing the unexpected is part of the legacy—and excitement—of expedition travel. When traveling in extremely remote regions, your Expedition Team must consider the sea, ice and weather to guide the route and itinerary details. This itinerary is a tentative outline of what you may experience on this voyage; please be aware that no specific itinerary can be guaranteed. By the same token, wildlife sightings as described are expected, but not guaranteed. Your Expedition Team will use their considerable experience to seek out wildlife in known habitats, but the presence of any particular species of bird or marine wildlife is not guaranteed.





Science & Discovery

A new initiative designed to foster community, curiosity and education.

On select *Ultramarine* itineraries in Antarctic 2027/2028, Quark Expeditions is collaborating with leading scientists and researchers to enrich guest learning on- and off-ship.

Guest Engagement: Through researcher-led sessions, and interactive learning and field experiences with our expedition team, guests will gain a better understanding and appreciation of the polar wilderness.

This Science & Discovery program will enable guests to:

- Interact and connect with scientists and researchers who are actively collecting data during expeditions.
- Participate in citizen science **programming** to broaden their understanding and knowledge of the incredible polar ecosystem.
- Work with our expedition team to help collect and record data, ranging from experiences such as conducting seabird surveys on deck to documenting whale sightings on Zodiac excursions or joining interactive sampling activities to measure water conditions.

SCIENCE IN THE FIELD

Quark Expeditions is supporting academic research through partnerships with respected institutions from around the globe to deepen our understanding through access to projects that are contributing to published research and projects of high importance.

CITIZEN SCIENCE

In collaboration with the Polar Citizen Science Collective and Fjord Phyto, guests can engage in meaningful scientific data collection that supports targeted field research for projects like Happywhale.

QUARK SCIENCE HUB

This designated space on *Ultramarine* enables guests to share knowledge, information and insights with scientists, researchers, and our Expedition Guides.



Gather with scientists, researchers and expedition guides to share findings and insights from the voyage.



Engage with interactive digital displays featuring multimedia content for self-guided discovery even when staff aren't present.



Learn how data collection methods, such as drones, wildlife tags, and biopsy and guano sampling, enable us to study the health, population, and migratory pathways of unique birds, whales, seals and other Antarctic marine mammals.



Review and discuss observations and explore samples collected during science Zodiac cruises with other participants.

Note: The Science Hub is open to guests for self-guided exploration when staff are otherwise occupied.





Arrival and Departure Details, and International Flight Planning



Arrival Day and Embarkation

DAY 1 — ARRIVING IN BUENOS AIRES AND HOTEL NIGHT

Upon arrival in Buenos Aires, you will make your way to the designated group hotel, which is included in your Charter Flight and Hotel Package. A presentation room will be open from 12 pm to 8 pm for luggage weighing and tagging. A Quark Expeditions representative will be available to answer your questions and give information about the next day's flight and ship embarkation.

DAY 2 — PUERTO MADRYN AND EMBARKATION

After an early breakfast on this day, your group will transfer to the airport and board our private charter flight to Puerto Madryn, the southernmost city in the world. In Puerto Madryn your Charter Flight and Hotel Package will provide some free time to explore this quaint port town. We will transfer the group to the ship for embarkation around 4 pm.

CHARTER FLIGHT LUGGAGE LIMIT

This expedition includes a return charter flight between Buenos Aires and Puerto Madryn. Your package includes one checked bag and one cabin bag. Luggage weight restrictions on these flights are typically less than those on international carriers. There are no options to pay for additional luggage. Specific weight restrictions will be confirmed in your final travel documents.

Final Day and Departure

DISEMBARKATION IN USHUAIA

We will arrive in Ushuaia between 7 am. and 8 a.m. and disembark after breakfast. You will be transferred to the airport for the return group charter flight to Buenos Aires, which is part of your Charter Flight and Hotel Package.

DEPARTING FROM BUENOS AIRES

Upon arrival in Buenos Aires, you may be able to connect directly with your homeward flight. Our charter flight lands at Buenos Aires international airport (Ministro Pistarini International — EZE). The included flight lands at approximately 5 p.m. We recommend you only select flights departing after 9 p.m.

Check your itinerary carefully before booking. Some South America-bound flights originate at Jorge Newbery Airport (IATA code: AEP), which is also known as Aeroparque (IATA airport code: AEP). Due to unpredictable traffic in Buenos Aires, we recommend you only select flights departing Jorge Newbery Airport after 10 p.m.

For the absolute safest travel plans, we recommend that you book an extra hotel night in Buenos Aires between flights. Expedition travel is occasionally unpredictable. We strongly recommend booking flexible international air tickets. Quark Expeditions is not responsible for any air ticket change costs you may incur.

Arrival and Departure Transfers

BUENOS AIRES AIRPORT TRANSFERS

Arrival transfers from your international flights in Buenos Aires are not included.

We request that you provide your flight details to Quark Expeditions at least 30 days prior to traveling.

PLEASE NOTE

Included Hotel Accommodations:

Your included accommodation that's part of your Charter Flight and Hotel Package begins on Day 1 of your itinerary. The specific hotel will be indicated on your final voyage confirmation. If you are arriving prior to Day 1 of your expedition or are staying after the disembarkation day and would like help booking a pre- or post-stay, please contact your preferred travel agent or Quark Expeditions for hotel options. As accommodation space is limited, you are encouraged to request any extra nights as early as possible.





ULTRAMARINE

The technologically advanced *Ultramarine* is built to go beyond the familiar in polar travel and to immerse guests in the best the region has to offer.

With 20 Zodiacs strategically positioned at water level for quick deployment, Ultramarine offers the industry's largest portfolio of off-ship adventures. The vessel features the most spacious suites in its category, breathtaking public spaces, exceptional wildlife-viewing areas, and sustainability systems that exceed industry standards. Ultramarine also features an onboard Science Hub, a centerpiece of our Science & Discovery program.

Ultramarine's wellness amenities include Tundra Spa with VOYA treatments, morning stretch classes, a sauna, a fully equipped fitness center, and health-conscious dining designed to restore balance and vitality at sea.

Ultramarine is designed to deliver unforgettable polar memories.

SHIP SPECIFICATIONS:

Staff and Crew: 140

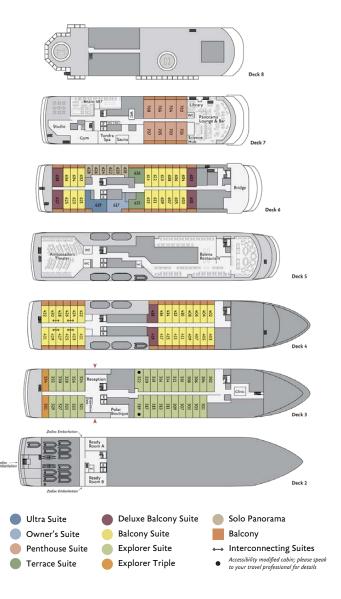
Guests: 199

Lifeboats: 4, fully enclosed

Ice Class: PC6

Visit QuarkExpeditions.com to view deck plan details.

Due to local restrictions, Ultramarine's helicopters will not operate on this voyage.





Included Activities

These are included in your trip package.

Ready for a little adventure beyond your ship? Each Quark Expeditions voyage offers a variety of immersive off-ship activities to enhance your polar experience.

ZODIAC CRUISING

Zodiacs—rugged inflatable watercraft are the workhorses of polar expeditions, taking you to places the ships can't access, allowing you to reach remote shorelines, explore shallow inlets and spot unique wildlife. Expedition staff make stepping in and out of them safe and comfortable, and your Zodiac drivers will provide active interpretation, making the landscape come even more alive.

HIKING

Hiking in the Falklands (Las Malvinas) and South Georgia offers a variety of terrain, both off-trail and on established paths. The Falklands may provide some longer hiking opportunities, while in South Georgia snow is likely on the ground at this time of year. While you hike, staff will be available

to enhance your experience by answering questions about the wildlife, history and geography of the area.

PRESENTATIONS

Enjoy daily chats with and presentations by our world-class onboard polar experts—expedition guides, specialists, photography guides and other special guests who will introduce you to the fascinating history, biology, ornithology, glaciology and geology of the region, and much, much more.

POLAR PLUNGE

This rite of passage, scheduled only once per expedition, gives you the chance to jump safely into the bracing waters below the polar front, under the watchful eye of our staff—and just about every single camera on board.

SCIENCE & DISCOVERY

Our Science & Discovery program offers guests the unique opportunity to engage directly with scientists and researchers and participate in citizen science activities with the expedition team to collect and record data. Activities include conducting seabird surveys on deck, documenting whale sightings, and participating in interactive water sampling activities to measure environmental conditions. This program provides travelers with rare, first-hand experiences that contribute to global scientific research and deepens their understanding of and appreciation for the polar environment.

PHOTOGRAPHY

Documenting your voyage so you can take the memories home is a rewarding experience. Our photography guide will help you hone your skills to capture the beauty of the polar regions.

More information about your Included Activities and Adventure Options, including the necessary experience, physical requirements and cost, is available by contacting your Polar Travel Adviser or your travel professional.



Adventure Options

These activities cost extra and must be booked in advance of your trip.



PLEASE NOTE

Pre-booking is required for all paid activities as there's no guarantee of available spaces by the time you board your ship. Book early as spaces fill quickly.

SEA KAYAKING

Imagine gliding across the surface of a bay in the presence of icebergs and glaciers. Our Sea Kayaking program is a great way to intimately explore your surroundings. A small group of kayakers will plan to go out multiple times per voyage as an alternative to shore landings or Zodiac cruises.

The number of opportunities to kayak is weather dependent, and will be conducted only during calm conditions. Prior kayaking experience is required, and you must be able to do a wet exit to participate. Beginners interested in kayaking should consider participating in the Paddling Excursion.

X PADDLING EXCURSION

If you're interested in kayaking but would like to try something a bit less demanding than Sea Kayaking, you're the perfect candidate to sign up for a one-time

paddle on our stable sit-on-top kayaks perfect for anyone with minimal or no kayaking experience. Small groups of paddlers will be taken out on calm days, with our expert guides always present to provide instruction and help you connect with the polar sea. Pre-book into one of two priority groups. Any subsequent excursions can be booked on board, and groups will be assigned via a lottery as spaces are limited.



Departure Date

Falkland Islands and South Georgia: 20-Day Wildlife Adventure

ULTRAMARINE Start / End Dates Days **ANTARCTIC 2027/2028** OCT 19 - NOV 7, 2027 **Buenos Aires**

Raise a Glass and Stay Connected

See below for specifics on our complimentary Wi-Fi and bar service.



Inclusions and Exclusions

Inclusions

RATES INCLUDE:

For all voyages:

- · An official Quark Expeditions parka to keep
- Leadership throughout the voyage by our experienced Expedition Team, including shore landings and other activities
- · All Zodiac transfers and cruising as per the daily
- All shore landings as per the daily program
- Shipboard accommodation with daily housekeeping
- All meals, snacks, soft drinks and juices on board throughout your voyage.
- Complimentary select beer, wines and cocktails during bar service hours and dinner
- Complimentary coffee, tea and cocoa available around the clock
- Formal and informal presentations by our

Expedition Team and guest speakers as scheduled

- · A photographic journal documenting your
- · A pair of waterproof expedition boots on loan for landings and Zodiac cruising excursions
- · Hair dryer and bathrobes in every cabin
- World Voyager guests will receive a free 1GB data card for limited Wi-Fi access for use on one device, permitting basic Internet browsing, email, posting on social media and voice applications. (Additional data can be purchased on ship.) Note: Internet access in the polar regions is subject to geography, climate, and other factors beyond our control.
- All miscellaneous service taxes and port charges throughout the program
- · All luggage handling aboard the ship

Your Charter Flight and Hotel Package includes:

- One night's pre-expedition hotel accommodation in Buenos Aires with breakfast (Note: The number of guests per room is the same as cabin occupancy on the ship. Due to limited availability, travelers who reserve a suite on board are accommodated in standard rooms at the hotel. Triple rooms may not be available.)
- Group flight departing from Buenos Aires' domestic airport (Aeroparque/AEP) to Puerto Madryn, and returning flight from Ushuaia to Buenos Aires International airport (Ezeiza/EZE).
- · Group transfer from hotel to airport in
- Group transfer from Puerto Madryn airport to the ship, and group transfer from ship to Ushuaia airport upon your return. (Note: Transfer on arrival in Buenos Aires from airport to hotel at the beginning of the journey is not included. Please make your way to the included hotel.)

Exclusions

RATES SPECIFICALLY DO NOT INCLUDE:

For all voyages:

- Charter Flight & Hotel Package
- International airfare
- Passport and applicable visa expenses
- Government arrival and departure taxes not mentioned
- Baggage, cancellation, interruption and medical travel insurance—strongly recommended
- Excess-baggage fees on international and domestic flights
- Mandatory waterproof pants for Zodiac landing and cruising excursions, or any other gear not mentioned
- Laundry, bar, spa services and other personal charges, unless specified
- Phone charges may vary by location
- Our basic complimentary Wi-Fi service does not include Premium packages which enable more data-intensive applications
- Voluntary gratuity at the end of the voyage for expedition staff and shipboard crew
- Additional overnight accommodation
- Arrival and departure transfers, except where explicitly stated
- Adventure Options not listed in Included Activities.



Your Expedition Team

Our Expedition Leaders are proudly and unapologetically polar-obsessed. They focus exclusively on Arctic and Antarctic exploration, and they draw on 34 years of polar expertise. They obsess over every detail of your voyage on ship and off ship. Our Expedition Leaders spend their careers—it's a life calling, actually—feeding and sharing their passion for the Polar Regions. And they're driven to ensure you experience polar moments no one else can offer.

Our Expedition Leaders are experts in polar history, marine biology, glaciology, ornithology photography and other subjects. They're trained to handle the unexpected. All staff undergo comprehensive training at Quark Academy, which provides hands-on polar expedition training to new and experienced team members.











Extend Your Trip

PRE- AND POST-EXPEDITION TRIP EXTENSIONS

Since you're traveling such a long way, you may want to spend extra time in Buenos Aires. We have a variety of preand post-expedition packages in this captivating city, known as the tango capital of the world. Enjoy an extensive city tour, take in a tango show and explore the unique neighborhoods of Recoleta, Palermo and San Telmo. Savor Argentine barbecue at a steakhouse (parrilla), then stroll the tree-lined boulevards and marvel at the historic architecture.

Take an extended tour from Buenos Aires to Iguazú Falls, and, if you're daring, walk the catwalks over the falls.

Upon arrival in Ushuaia, you can take in its unique museums, incredible hiking, and Patagonian cuisine. Spend a day in nearby Tierra del Fuego National Park, marvelling at the mountains, birdlife, waterfalls and forests.

To discover the best options for extending your adventure, get in touch with your Travel Professional or a Polar Travel Adviser for seamless, worry-free booking of all trip extensions.



On-Ship Dining

Every on-board meal is included in the cost of your trip.



18 BREAKFASTS



18 LUNCHES



18 DINNERS

If there's one constant on board, it's incredible food. You enjoy three delicious meals daily-all included. Let us know before your expedition about any dietary restrictions.

Breakfasts and lunches are typically buffet-style, while dinners are plated. À la carte meals are made at the time of your order, ensuring top quality every time.

Coffee, tea, cocoa, and water stations are available—at no charge—24/7. Complimentary soft drinks and juices are served during meals and when the bar is open. Bonus: enjoy complimentary alcohol throughout your voyage (see "Raise A Glass" sidebar for details).

Premium wines and champagne are available for purchase. Our well-stocked bars are open late morning, afternoon, and evening—hours may shift slightly to accommodate the expedition schedule.

Raise A Glass

Enjoy complimentary select beer, wines and select cocktails during bar service hours and dinnerthroughout your voyage—as part of our "Raise A Glass and Stay Connected" Program.



Possible Excursions

The Falklands

CARCASS ISLAND

This five-mile (8 km) island northwest of West Falkland is owned by Rob and Lorraine McGill, who operate a sheep farm and tourist lodge. Named for the Royal Navy ship HMS Carcass, which arrived in 1766, it is a picturesque setting, where songbirds nest among the robust vegetation that covers the gently rolling landscape.

NEW ISLAND

New Island, about 30 nautical miles south of Steeple Jason, is a haven for birders. Its sheltered coves and white sandy beaches add to its beauty—it's often called the most stunning island in the Falklands. Around 25,000 to 30,000 black-browed albatross nest here, along with Magellanic, gentoo, and southern rockhopper penguins. Other residents include songbirds, striated caracaras, and dolphins, sometimes seen in the island's shallow waters.

SAUNDERS ISLAND

Saunders Island is the fourth largest island in the Falklands and has been designated an Important Bird Area due to the high density of nesting seabirds. Nesting species on the island include rockhopper, gentoo and king penguins, as well as black-browed albatross and king cormorants, among many others. Keep on the lookout for Commerson's dolphins by the shore, and for whale blows out at sea.

STANLEY

Stanley's deep-water harbor has been the economic mainstay of the community since the port's completion in 1845. Carrying fortune seekers from the west coast of the Americas, ships battered by rough waters near Cape Horn often called in at Stanley. Take a stroll through this quaint English town, visiting the cathedral, museum, or one of its many traditional British pubs.





STEEPLE JASON

Steeple Jason, one of the most northwesterly Falkland islands, is a wildlife haven rarely visited due to its remote location. Home to the world's largest black-browed albatross colony—up to 180,000 breeding pairs—it's an aweinspiring sight. Nests stretch along the shoreline beyond dense tussock grasses. Minimal human presence, dramatic ridgelines, and sweeping ocean views create a sense of remoteness in a place where nature reigns supreme.

WEST POINT ISLAND

The Napier family has owned West Point Island since the 1860s. On the island's west coast, thousands of black-browed albatross nest in colonies on cliffs along the water's edge. Rockhopper penguins share the cliffs, while Commerson's dolphins can often be seen in the surrounding waters.

South Georgia

COOPER BAY

Cooper Bay, near the southeastern tip of South Georgia, is home to all four species of breeding penguins—which can sometimes be seen along the same stretch of coastline: king, gentoo, macaroni, and chinstrap. The inner bay is lined with sandy beaches, interrupted by rocky outcroppings, making for a rugged contrast. You may spot large icebergs adrift at sea.

DRYGALSKI FJORD

This photogenic fjord at the southeastern tip of South Georgia opens into the Weddell Sea side of the Southern Ocean. Its sharp and jagged peaks rise dramatically out of the sea. Glaciation never reached the mountain tops, giving Drygalski its unique landscape.

GODTHUL

Godthul is an idyllic, sheltered harbor on South Georgia, often calm despite passing storms. Gentoo penguins and Antarctic fur seals rest among impressive tussock grasses, and small waterfalls add charm. Hiking options range from a challenging climb to a subalpine lake, to shorter treks with slightly elevated views. It's also perfect for a peaceful Zodiac cruise. Godthul is a favorite evening excursion, offering quiet beauty and protected waters rather than dense wildlife.

GOLD HARBOUR

The backdrop to this harbor is the hanging Bertrab Glacier. Thousands of king and gentoo penguins inhabit Gold Harbour, as do rowdy elephant and fur seals.







GRYTVIKEN

Only a handful of people live, albeit temporarily, on South Georgia, a British overseas territory. Two are curators of the South Georgia Museum, located in the former villa of the whaling station manager. The local church, built for the whaling community, is the only building in Grytviken still used for its original purpose. Buried in the church cemetery is one of Antarctica's most famous explorers, Sir Ernest Shackleton, at whose grave you can pay your respects

HERCULES BAY

Hercules is a small bay where we may spot macaroni penguins. The colonies can be difficult to access, as macaroni penguins frequently select colony sites exposed to open coastal environments. If conditions allow, we can Zodiac cruise the inner harbor of Hercules Bay to view this fascinating crested penguin.

ROYAL BAY

Royal Bay is a broad body of water that's home to several penguin colonies. Near the southeastern edge of Royal Bay we can find macaroni penguins, who colonize its outermost coastline. Further into the harbor there are also king penguins, and leopard seals are occasional visitors to the area.

ST. ANDREW'S BAY

The largest king penguin colony on South Georgia is St. Andrew's Bay, which—by conservative estimates—is home to more than 150,000 breeding pairs.

EXPEDITION SPIRIT

Embracing the unexpected is part of the legacy—and excitement—of expedition travel. When traveling in extremely remote regions, your Expedition Team must consider the sea, the ice and the weather to guide the route and itinerary details. This itinerary is a tentative outline of what you may experience on this voyage; please be aware that no specific itinerary can be guaranteed. By the same token, wildlife sightings as described are expected, but not guaranteed. Your Expedition Team will use their considerable experience to seek out wildlife in known habitats, but the presence of any particular species of bird or marine wildlife is not guaranteed.





What to pack on your Antarctic expedition

WHAT TO BRING Packing for the Polar Regions doesn't have to be daunting, and to make it easier for you, all Quark Expeditions voyages include a Quark parka to keep, and a loan of insulated waterproof boots. Additional suggested items include:

BY SEA

All transfers ship to shore and Zodiac/ship cruising.
☐ Waterproof pants (mandatory for every Zodiac ride)
☐ Base-layer wool or synthetic top*
☐ Base-layer wool or synthetic bottom*
☐ Mid-layer warm or fleece top*
☐ Mid-layer warm or fleece bottom*
☐ Warm wool or synthetic socks (keep a dry pair in your bag, and bring extras for layering)
\Box Glove liners * \Box Hand and feet warmers* \Box Binoculars
☐ Waterproof gloves or mitts (bring an extra pair)
\square Scarf, buff, or other face protection
☐ Warm hat that covers ears (bring an extra)
$\hfill\square$ Waterproof, lightweight backpack or dry sack and/or rain sleeve for camera or a waterproof phone case (to keep camera and gear dry)
□ Polarized sunglasses with UV protection (consider bringing an eyewear retainer: string/clip etc.)
□ Ski goggles (for Zodiac cruising on snowy or windy days)
*recommended layering depending on the conditions of the day and reflecting your personal thermo-regulation comfort levels.
BY LAND (Shore Excursions and Hiking) In addition to the gear requirements (as above) mandatory for the transit from ship to shore, it is recommended to bring:
\square Hat, buff or scarf (for wind and weather protection)
$\hfill\square$ UV protection (sun hat, polarized sun glasses, sun block, lip balm etc.)
□ Collapsible walking sticks for hikes (if required) Quantities are available to borrow on every vessel
□ Additional reusable (thermos-regulating) water bottle (in addition to the reusable collapsible water bottle provided)

TO WEAR ON BOARD

- ☐ The complimentary Quark 3-in-1 Parka provided on board is designed with a waterproof shell that can be worn out on deck, and a removable liner that you can wear to stay comfortable indoors)
- ☐ Comfortable casual clothing like lighter shirts, pants or jeans, etc. (in case the ship gets warm)
- ☐ Comfortable non-slip closed-toed, heelless shoes (flip flops, sandals or slip-on shoes should not be worn on board due to safety concerns)
- ☐ Workout attire (for the fitness center)
- ☐ Swimsuit (for the Polar Plunge. Some vessels may also have a pool, hot tub, sauna and/or steam room. See your ship book for details.)

Just a reminder: No formal evening wear required on our voyages but if you would like to bring something a little more dressy for the Captain's welcome and farewell cocktails you may certainly do so.

ADDITIONAL ITEMS

- ☐ Passport, visas, immunization records, travel documents, etc. as required
- ☐ Camera gear—complete with charger, storage medium, transport and cleaning kit (lens cloth etc.) and extra batteries
- ☐ Reusable waterproof bags or plastic bags with zippers (to keep small items organized and cameras dry)
- ☐ Voltage converters and plug adapters (see ship book for details)
- ☐ Seasickness, indigestion, headache, or other medications
- ☐ Earplugs and eye masks for sleeping
- ☐ Moisturizer for face and hands (skin dryness due to wind and temperature changes)
- ☐ Credit card and small amount of local currency (see pre-departure book for more details)

- To view our packing checklist online, visit: QuarkExpeditions.com/What-to-Pack/Antarctica
- Related topics are covered on our Frequently Asked Questions page: QuarkExpeditions.com/Frequently-Asked-Questions



Scan this QR code or <u>click here</u> to watch our video on what to pack before you go.



To book your next adventure

Contact your Travel Professional
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Polar Travel Adviser

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