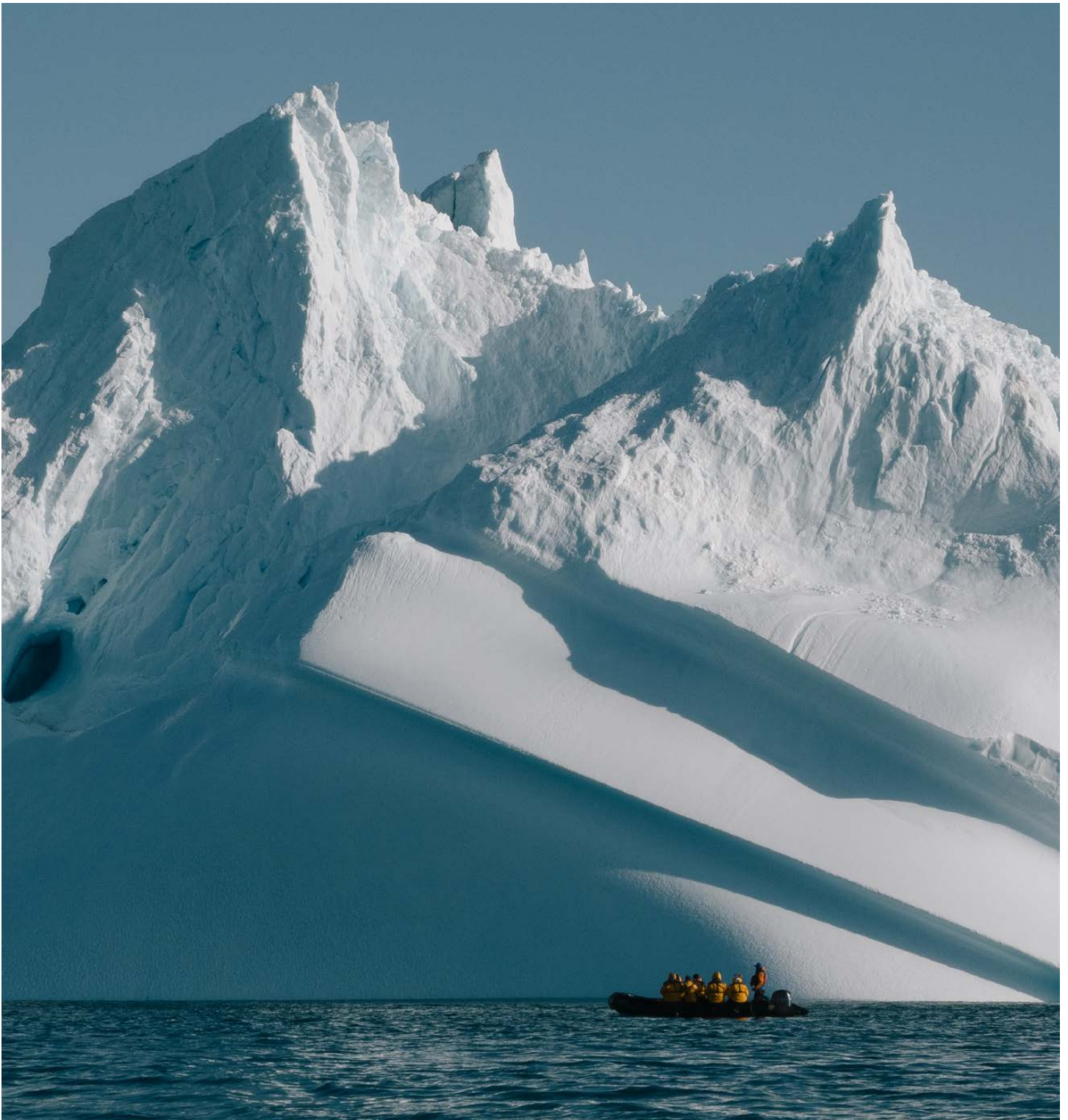


Arctic 2027

West Greenland: Discovering Massive Icebergs and Inuit Communities, Southbound

Onboard *Ocean Explorer*



Contents

1	Expedition Overview
2	Itinerary
6	Arrival and Departure Details, and International Flight Planning
8	Your Ship
9	Included Activities
10	Adventure Options
11	Conservation and Community
12	Departure Dates
13	Inclusions and Exclusions
14	Your Expedition Team
15	Meals on Board
16	Possible Excursions
19	Packing Checklist



Expedition Overview

West Greenland: Discovering Massive Icebergs and Inuit Communities, Southbound

Our 11-day *West Greenland: Discovering Massive Icebergs and Inuit Communities, Southbound* is for travelers seeking a journey dedicated exclusively to West Greenland. This is one of our most in-depth explorations of Eternity Fjord. You'll also explore Ilulissat, Eqip Sermia and Uummannaq—West Greenland's crown jewels of ice and stone—all in a single trip. Thanks to our local partnerships, we'll take you beyond the guidebooks for truly immersive experiences. Plus, you'll cross the Arctic Circle.

Highlights



Encounter towering icebergs and glaciers



Cross the Arctic Circle by ship



Dive deep into the magnificent Eternity Fjord



See three of Greenland's most spectacular wonders: Ilulissat, Eqip Glacier and Uummannaq



Experience authentic Greenlandic culture



Join unique and immersive optional activities such as sea kayaking and mountain biking.



Itinerary

DAY 1 | ARRIVE IN REYKJAVIK, ICELAND

Arrive in the Icelandic capital and make your way to the group hotel near Keflavik airport—which is included in your Charter Flight & Hotel Package.. You will have the rest of the day to explore this fascinating city, known for its Norse history and stunning architecture. If you do wish to visit the city of Reykjavik, allow for a one-hour transfer (by taxi or public transit) between Keflavik and Reykjavik city center.

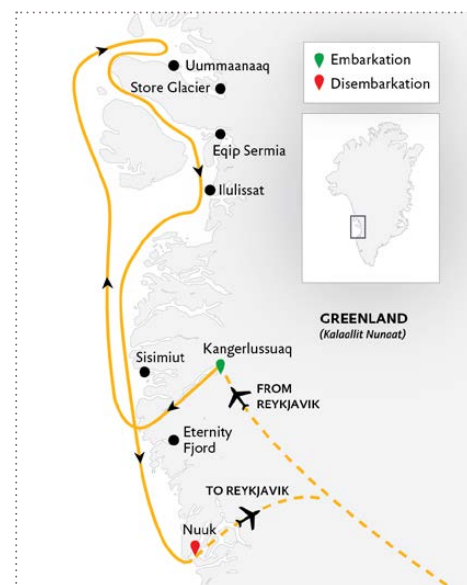
DAY 2 | FLY TO KANGERLUSSUAQ, GREENLAND, AND EMBARK

After an early breakfast at the hotel, guests will transfer together to the airport and board our private charter flight to Kangerlussuaq, Greenland. This is a very small town that for decades

served as Greenland's primary airport. Upon arrival, you will be transferred to a very small harbor, where your Expedition Team will provide Zodiac shuttles to your awaiting ship. After a late-afternoon embarkation, we will set sail for the stunning Arctic wilderness.

DAY 3 | AT SEA: WELCOME TO THE ARCTIC

You have multiple choices for your first ship day above 66°33' North latitude, which you will spend aboard *Ocean Explorer*. You can check out the ship's amenities, like the Jacuzzis, attend an educational presentation led by our polar experts, or relax in stylish Observation Lounge on Deck 8 while you spot drifting ice, seabirds and other wildlife.



WEST GREENLAND:
Discovering Massive Icebergs and Inuit Communities, Southbound

Onboard *Ocean Explorer* ———
Flight to/from Reykjavik - - - - -

DAYS 4 & 5 | UUMMANAQ: MOUNTAINS, ICE AND GREENLANDIC SMILES

Two full days in Uummannaq—a rarity on Arctic expeditions—means you will get to devote one day to Uummannaq town and the second to Uummannaq Fjord.

We arrive in Uummannaq Fjord in the morning and cruise toward the community of Uummannaq. In Greenlandic, Uummannaq translates to “heart-shaped,” inspired by the dramatic mountain that rises above the town. Visiting this remote community is a rare privilege. We reach town by Zodiac and may be greeted by locals—and the ever-smiling chief of police. It’s said that smiles here are as common as drifting icebergs.

Winding roads take you past colorful homes before reaching a meadow of turf houses beside a stone church. You can visit the local museum and

artisan market for a glimpse of life in northern Greenland. Another nearby museum honors artist Rockwell Kent, who was inspired by the landscapes of Uummannaq Fjord and Disko Bay. You may choose to join a guided walk or explore on your own. Several homes may open for *kaffemik*, a social gathering with hot drinks, light snacks and a chance for locals and visitors to connect. Rest assured, the people of Uummannaq will be curious about your part of the world. Shy smiles and translated conversations are natural during these authentic cultural exchanges—which are usually memorable. A parting gift from one local fisherman: “Keep life simple—simple is beautiful.”

On Day 5, you’ll have the opportunity to venture deeper into Uummannaq Fjord and explore areas seldom seen by travelers. Highlights include narrow fjords with steep cliffs rising straight

from the sea, large drifting icebergs, striking naked (exposed) geology, rarely-seen glaciers, and cascading waterfalls—some thunderous after a heavy rain.

After these two days, you’ll have experienced parts of Uummannaq that many Greenlanders have yet to see.

DAYS 6 & 7 | DISKO BAY & ILLULISAT: EXPLORE A UNESCO WORLD HERITAGE SITE

Ilulissat, located in Disko Bay, is home to the UNESCO World Heritage Site of Ilulissat Icefjord, which serves as the thoroughfare for countless icebergs calved from the world’s fastest-moving glacier, Eqip Sermia. A small boardwalk leads to an elevated overlook, where you can view bergs of all sizes spread out before you. From this vantage point, it feels as though you’re standing where the town ends and the wilderness—no doubt humbled by the sweeping vista of ice. You will also notice the Arctic cotton



grass and summer wildflowers thriving in the long daylight hours.

The inner harbor often holds evidence of the icefjord's reach, with drifting icebergs mingling among fishing boats and skiffs. The town itself is well worth exploring, and has become one of Greenland's top destinations.

Recent years have brought growth—colorful homes now sit beside new restaurants, boutique hotels and small businesses. History buffs will be excited to know Ilulissat is the birthplace of Arctic explorer Knud Rasmussen, who traveled by dog sled from Greenland to Alaska (and briefly Siberia) during the Fifth Thule Expedition (1921-1924). Fluent in Kalaallisut, he learned from and documented the Circumpolar Inuit he met—considered one of the Arctic's greatest expeditions. The dramatic landscapes around Ilulissat inspired

Rasmussen's life of exploration. As we approach town, watch out for whales, which occasionally frequent the iceberg-laden waters.

DAY 8 | SISIMIUT: A PEACEFUL GREENLANDIC COMMUNITY

Today we'll visit Sisimiut, a community rich with Greenlandic history and culture. As we approach via the inner harbor, you'll spot locals coming and going from the marina, bringing halibut, shrimp and other seafood freshly harvested from Baffin Bay. Upon reaching shore, we'll follow winding roads through the vibrant town dotted with colorful homes and Arctic cotton grass blooming under the summer sun. While the waterfront may be lively with boat traffic, life uphill moves at a relaxed pace. You may hear children laughing, sled dogs barking, and locals exchanging greetings—sounds that often bring smiles to both visitors and residents.

Greenlandic dogs, often seen in kennels throughout town, reflect the deep bond between owners and their canine teams. As in any Arctic community, always ask before petting or approaching these working dogs.

Our expedition team and local partners will lead guided walks and provide insight into daily life in Greenland—and you will be able to share your own story with locals, who will be curious about your homeland. One scenic walk leads to the Taseralik Cultural House, beside Nalunnguarmiut Tasia, a small tranquil lake at the base of a 780-meter (2,550 feet) Nasaasaaq mountain. You'll walk the same paths locals use every day, experiencing not just the look of Sisimiut, but its rhythm, sounds and genuine sense of place. We also aim to team up with our local mountain-biking partners in Sisimiut, exploring trails that lead outside the town limits.



DAY 9 | ETERNITY FJORD: TOWERING CLIFFS AND GLACIERS

The 75-km-long (47 miles) Eternity Fjord lives up to its name—its beauty feels endless. You will be surrounded by precipitous mountains rising straight out of the sea and glaciers spilling down deep-cut valleys. Within the fjord, you may explore by Zodiac or on foot—or both—with the potential to cruise the coastlines and floating glacial ice. You can anticipate a range of hikes or on-shore walks—always accompanied by our knowledgeable team, whose expertise bring the world's largest island into focus. Transiting the fjord by ship will provide excellent opportunities for you to soak in the scenery from the outer decks of the ship.

DAY 10 | DISEMBARKATION IN NUUK AND FLIGHT TO REYKJAVIK

The morning will find you in the port at Nuuk, the northernmost capital city in the world. If time permits, you may have an opportunity to explore Nuuk. Otherwise, your Expedition Team will shuttle you to ashore by Zodiac, after which you will be transferred to the airport for your charter flight to Reykjavik. Upon arrival, you will be transferred to the group hotel for the night, which is included in the Charter Flight and Transfer Package.

DAY 11 | DEPART REYKJAVIK, ICELAND

After breakfast, you can transfer independently from your Keflavik hotel to the nearby airport for your onward journey, or explore Iceland as prearranged.

EXPEDITION SPIRIT

Embracing the unexpected is part of the legacy—and excitement—of expedition travel. When traveling in extremely remote regions, your Expedition Team must consider the sea, ice, wildlife, and weather to guide the route and itinerary details. This itinerary is a tentative outline of what you'll experience on this voyage; please be aware that no specific itinerary can be guaranteed. By the same token, wildlife sightings as described are expected but not guaranteed. Your Expedition Team will use their considerable experience to seek out wildlife in known habitats, but the presence of any particular species of bird or marine wildlife is not a guarantee.





Arrival and Departure Details, and International Flight Planning

				
DAY 1	DAY 2	EXPEDITION DAYS	DISEMBARKATION DAY	FINAL DAY
<i>International flight in*</i> Arrival and hotel night	Charter flight to embarkation point and embarkation	On ship or landing days	Disembarkation, charter flight and hotel night	Leave hotel <i>International flight onward</i>

* Arrive anytime on Day 1 or earlier. Day 1 includes an optional briefing.
 International flights are not included in the cost of the voyage.

Arrival Day and Embarkation

DAY 1 — ARRIVING AND HOTEL NIGHT IN REYKJAVIK

You may arrive at any time during Day 1 of the itinerary. Make your own way to the group hotel., conveniently located near Keflavik International Airport. A Quark Expeditions representative will be available in the lobby later in the day to answer any questions.

DAY 2 — TRANSFER TO AIRPORT, FLIGHT TO KANGERLUSSUAQ AND EMBARKATION IN KANGERLUSSUAQ

On the morning of Day 2, guests and their luggage will be transferred to the airport for the flight to Kangerlussuaq.

Upon arrival at Kangerlussuaq, guests and their luggage will be transferred to the pier, where they will be transported to their awaiting ship by Zodiac.

PLEASE NOTE

There is a strict luggage weight limit on checked luggage and cabin baggage on the flights between Reykjavik and Kangerlussuaq, and Nuuk and Reykjavik. Should you have additional luggage, it can be stored at the hotel in Reykjavik. There is NO option to pay for additional luggage.

You will find in your final documents:

- › Luggage weight restrictions on charter flights.
- › Hotel information and check in time
- › Charter flight time to embarkation point
- › Embarkation plan
- › Departure charter flight time

Final Day and Departure

DISEMBARKATION IN NUUK

Your voyage is scheduled to end back in Nuuk where you will disembark after breakfast. The disembarkation process takes about an hour. After disembarkation, you may have time to Explore Nuuk. Otherwise, you will be transferred to the airport for the return charter flight to Reykjavik.

DEPARTING FROM REYKJAVIK

Upon arrival in Reykjavik, there will be a group transfer to your included post-expedition hotel. After breakfast the following morning, you may make your way to the airport to connect with your homeward flight, or stay longer if you have booked additional accommodation.

Arrival and Departure Transfers

REYKJAVIK AIRPORT TRANSFERS

Arrival and departure transfers in Reykjavik are not included; if you require a transfer, you will need to arrange your own transportation. Most airports we travel in and out of have reliable taxi ranks in the arrivals area, or you can often pre-book a transfer online.

PLEASE NOTE

Reykjavik Hotel Accommodations:

The Charter Flight & Hotel Package for this expedition includes two nights of hotel accommodations (on Day 1 and Day 10 of your expedition) at a hotel close to Keflavik International Airport, which is outside the city of Reykjavik. If you wish to visit the city of Reykjavik, allow for one hour to transfer between Keflavik and Reykjavik city. You may want to factor this distance into your accommodation plans if you intend to do additional sightseeing beyond the expedition.





Included Activities

All of these activities are included in the price of your trip.

Ready for a little adventure beyond your ship? Each Quark Expeditions® voyage offers a variety of recreational activities to enhance your polar experience.



ZODIAC CRUISING

Zodiacs are the workhorses of polar expeditions, taking you to places the ships can't access, allowing you to reach remote shorelines, explore shallow inlets and search for unique wildlife. Expedition staff make stepping in and out of them safe and comfortable, and your Zodiac drivers will provide active interpretation, making the landscape come even more alive.



HIKING

Led by experienced staff, exploring on foot is one of the best ways to appreciate the polar landscapes. Our guides are able to accommodate a range of skill levels.



PRESENTATIONS

Enjoy daily chats with and presentations by our world-class onboard polar experts—expedition guides, specialists, photography guides and other special guests who will introduce you to the fascinating history, biology, ornithology, glaciology and geology of the region, and much, much more.



POLAR PLUNGE

This rite of passage, scheduled only once per expedition, gives you the chance to jump safely into the bracing Arctic waters under the watchful eye of our staff—and just about every single camera on board.



PHOTOGRAPHY

Documenting your voyage so you can take the memories home is a rewarding experience. Our photography guides will help you hone your skills to capture the beauty of the polar regions.



COMMUNITY VISITS

Thanks to Quark Expeditions' longstanding partnerships in the Arctic, our expedition team will plan community visits—dependent, of course, on weather and ice conditions. These community opportunities—always coordinated in advance with the collaboration of local partners—enable guests to learn more about the culture, traditions, food and lifestyles of Arctic people. Many feature visits to Indigenous communities, often the Inuit of either Nunavut or Greenland. Music, dance, food and storytelling are some of the experiences guests can expect.

Contact your Polar Travel Adviser or your Travel Professional for more information about your Included Activities.



Adventure Options

All of these activities cost extra and should be booked in advance of your trip.



MOUNTAIN BIKING

Feeling like a more active adventure? Our team has joined with local partners to identify incredible mountain biking routes through the stunning scenery just beyond the town boundaries of Sisimiut, Greenland. While others explore the community our expert guides and local partners will take you to the best terrain to start your adventure and be with you throughout the activity.

Participants must be fit and comfortable biking on dirt roads and trails. Riders should expect a combination of wide trails and remote gravel roads. Riders should be able to roll over small obstacles (like roots or rocks), and shift gears comfortably when anticipating and responding to changing terrain.



SEA KAYAKING

Imagine gliding across the surface of a bay in the presence of icebergs and glaciers. Our Sea Kayaking program is a great way to intimately explore your surroundings. A small group of kayakers will plan to go out multiple times per voyage as an alternative to shore landings or Zodiac cruises.

The number of opportunities to kayak is weather dependent, and will be conducted only during calm conditions. Prior kayaking experience is required, and you must be able to do a wet exit to participate. Beginners interested in kayaking should consider participating in the Paddling Excursion.



PADDLING EXCURSION

If you're interested in kayaking but would like to try something a bit less demanding than Sea Kayaking, you're the perfect candidate to sign up for a one-time paddle on our stable sit-on-top kayaks—perfect for anyone with minimal or no kayaking experience. Small groups of passengers will be taken out on calm days, with our expert guides always present to provide instruction and help you connect with the polar sea. Two groups of 10 will be pre-booked, and once successfully completed, any subsequent outings will be offered via lottery on board.

PLEASE NOTE

Pre-booking is required for all paid activities. We recommend booking early, as spaces fill quickly.



Our Commitment to Conservation & Community

We're proud to partner with local communities to create immersive guest experiences that build respect for wildlife, culture and the land, and to work with leading scientists to support the conservation of the Arctic regions.

Empowering Local Development

We champion Arctic communities' goals for economic development and sustainable tourism through local hiring, infrastructure support, and advance visit planning.

Investing Directly in Communities

With guest support, we help fund community-led projects—from food banks to cultural and language-based programs.

Co-creating with Community Partners

By partnering with local groups, we create authentic experiences—such as Tundra to Table, developed with [Igapall](#), which enables Inuit chefs to share Greenlandic cuisine and culture. This program is available on most *Ultramarine* itineraries that operate in Greenland and the Canadian High Arctic.

To also learn about our conservation efforts, and how we connect guests to the natural world through hands-on experiences and education, visit us online at [Community & Conservation](#).



Community

We deliver authentic experiences for our guests that benefit local partners and the communities we visit.



Departure Date

West Greenland: Discovering Massive Icebergs and Inuit Communities, Southbound

OCEAN EXPLORER

<i>Dates</i>	<i>Days</i>	<i>Start / End</i>	 Sea Kayaking	 Paddling Excursion	 Mountain Biking
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ARCTIC 2027

AUG 25 - SEPT 4, 2027	11	Reykjavik	\$	\$	\$
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\$ Paid Activities



Inclusions and Exclusions

Inclusions

RATES INCLUDE:

- An official Quark Expeditions® parka to keep
- Leadership throughout your voyage by our experienced Expedition Leaders, including shore landings and other activities
- All Zodiac transfers and cruising as per the daily program
- All shore landings as per the daily program
- Shipboard accommodation with daily housekeeping
- All meals, snacks, soft drinks and juices on board throughout your voyage (Please inform us of any dietary requirements as far in advance as possible.)
- Complimentary select beer, wines and cocktails during bar service hours and dinner
- Complimentary coffee, tea and cocoa available around the clock
- Formal and informal presentations by our Expedition Team and guest speakers as scheduled
- A photographic journal documenting the expedition
- A pair of waterproof expedition boots on loan for landings and Zodiac cruising excursions
- Hair dryer and bathrobes in every cabin
- Complimentary Wi-Fi service on one device permitting basic Internet browsing, email, posting on social media and voice applications. (Premium packages are available for more data-intensive applications.) Note: Internet access in the polar regions is subject to geography, climate, and other factors beyond our control.
- All miscellaneous service taxes and port charges throughout the program
- All luggage handling aboard the ship
- Greenland voyages cruise passenger tax

Exclusions

RATES SPECIFICALLY DO NOT INCLUDE:

- Charter Flight & Hotel Package*
- International airfare
- Arrival transfers in Reykjavik
- Passport and visa expenses
- Government arrival and departure taxes not mentioned above
- Baggage, cancellation, interruption and medical travel insurance—strongly recommended
- Excess-baggage fees on international and domestic flights
- Mandatory waterproof pants for Zodiac cruising, or any other gear not mentioned
- Laundry, bar, spa and other personal charges unless specified
- Phone charges may vary by location
- Voluntary gratuity at the end of the voyage for shipboard staff and crew
- Additional overnight accommodation
- Adventure Options not listed in Included Activities

*CHARTER FLIGHT & HOTEL PACKAGE INCLUDES:

- One night's pre-expedition hotel accommodation in Reykjavik, near Keflavik airport (breakfast included)
- Charter flight from Reykjavik to Kangerlussuaq
- Group transfer from the ship to the Nuuk airport on disembarkation day
- Charter flight from Nuuk to Reykjavik
- One night's post-expedition airport hotel accommodation near Reykjavik, near Keflavik airport (breakfast included)



Your Expedition Team

Our Expedition Leaders and their teams bring diverse expertise in subjects as varied as polar history, marine biology, glaciology, ornithology and photography. Their knowledge and enthusiasm will greatly enhance your immersion into the polar environment and further deepen your connection to the Arctic.

With over 30 years of experience bringing passengers to remote polar regions and an industry-leading staff-to-guest ratio, we know how to safely handle the unexpected. Ensuring this hard earned experience is passed on, our expedition staff receive comprehensive training in Quark Academy, which provides hands-on polar expedition training prior as part of our onboarding process as well as ongoing training for experienced staff.



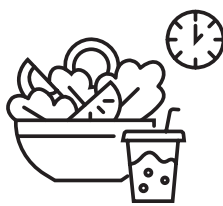


On-Ship Dining

Every on-board meal is included in the cost of your trip.



8 BREAKFASTS



8 LUNCHES



8 DINNERS

If there's one constant on board, it's incredible food. You enjoy three delicious meals daily—all included. Let us know before your expedition about any dietary restrictions.

Breakfasts and lunches are typically buffet-style, while dinners are plated. À la carte meals are made at the time of your order, ensuring top quality every time.

Coffee, tea, cocoa, and water stations are available—at no charge—24/7.

Complimentary soft drinks and juices are served during meals and when the bar is open. Bonus: enjoy complimentary alcohol throughout your voyage (see "Raise A Glass" sidebar for details).

Premium wines and champagne are available for purchase. Our well-stocked bars are open late morning, afternoon, and evening—hours may shift slightly to accommodate the expedition schedule.

Raise A Glass

Enjoy complimentary select beer, wines and select cocktails during bar service hours and dinner—throughout your voyage—as part of our "Raise A Glass and Stay Connected" Program.



Possible Excursions

DISKO BAY

Disko Bay is a vast, iceberg-filled inlet on the west coast of Greenland, known for abundant icebergs—many calved from the tidewater glaciers of Eqip Sermia—rich marine life, and dramatic Arctic scenery. It's also popular for whale-watching.

ETERNITY FJORD

This long, narrow fjord seems to stretch on forever. Beautiful, glaciated mountains line its length. Where we explore will depend on local conditions at the time, but there will likely be opportunities for Zodiac cruising, hiking, and photography. Iceberg-studded landscapes can be viewed from both ship and Zodiac.

ILLULISAT

Home to the Illulissat Icefjord, the UNESCO World Heritage Site, Illulissat offers visitors access to the world's fastest moving glacier. Here you will see icebergs of all sizes, some large and some small, all moving down the fjord and out to sea. While icebergs are visible from the ship, a short walk on the boardwalk will provide visitors with a much more memorably view of the fjord itself.

SISIMIUT

One of Greenland's fastest growing communities and the economic hub north of the capital city, Sisimiut offers visitors a glimpse into the day-to-day life of Greenlanders. The community is picturesque, with colorfully painted



homes situated at the base of the 780-meter (2,550 feet) Nasaasaq Mountain. Walk the streets in town and you may encounter local residents ready to strike up a conversation. You'll appreciate the working harbor of Sisimiut, an active fishing port, and its important relationship with this Arctic community.

UUMMANNAQ FJORD

We hope to explore deep into the 160-km (100 mile) long Uummannaq Fjord and explore areas seldom seen by travelers. Highlights include narrow fjords with steep cliffs rising straight from the sea, large drifting icebergs, striking naked (exposed) geology, rarely-seen glaciers, and cascading waterfalls—some thunderous after a heavy rain.

UUMMANNAQ TOWN

Uummannaq (meaning heart-shaped) is a small community of approximately 1,500 people about 600 km (375 miles) north of the Arctic Circle. The village is located at the foot of a towering rock rising steeply out of the ocean, giving the island its name. It's a truly spectacular setting with winding roads dotted with colorful houses, a stone church, and a local museum and artisan market that provide an excellent glimpse of life in Northern Greenland. Several homes may open for *kaffemik*, a social gathering with hot drinks, light snacks and a chance for locals and visitors to connect.

EXPEDITION SPIRIT

Embracing the unexpected is part of the legacy—and excitement—of expedition travel. When traveling in extremely remote regions, your Expedition Team must consider the sea, the ice and the weather to guide the route and itinerary details. This itinerary is a tentative outline of what you'll experience on this voyage; please be aware that no specific itinerary can be guaranteed. By the same token, wildlife sightings as described are expected, but not guaranteed. Your Expedition Team will use their considerable experience to seek out wildlife in known habitats, but the presence of any particular species of bird or marine wildlife is not a guarantee.



What to pack on your Greenland expedition

BY SEA

All transfers ship to shore and Zodiac/ship cruising.

- ☐ Waterproof pants (mandatory for every Zodiac ride)
- ☐ Base-layer wool or synthetic top* ☐ Mid-layer warm or fleece bottom*
- ☐ Base-layer wool or synthetic bottom* ☐ Mid-layer warm or fleece top*
- ☐ Warm hat that covers ears (bring an extra)
- ☐ Scarf, buff, or other face protection
- ☐ Warm wool or synthetic socks (keep a dry pair in your bag, and bring extras for layering)
- ☐ Waterproof gloves or mitts (bring an extra, lighter pair for hiking)
- ☐ Glove liners* ☐ Hand and feet warmers* ☐ Binoculars
- ☐ Polarized sunglasses with UV protection (consider bringing an eyewear retainer: string/clip etc.)
- ☐ Sunscreen ☐ Ski goggles (for Zodiac cruising on snowy or windy days)
- ☐ Waterproof, lightweight backpack or dry sack and/or rain sleeve for camera or a waterproof phone case (to keep camera & gear dry)

*recommended layering depending on the conditions of the day and reflecting your personal thermo-regulation comfort levels.

BY LAND (Shore Excursions and Hiking)

In addition to the gear requirements (as above) mandatory for the transit from ship to shore, it is recommended to bring:

- ☐ Worn-in Hiking footwear: While Muck-boots are provided and encouraged for most shore excursions, additional hiking footwear (Goretex-lined boots or similar water-proof hiking boots) can add to your hiking comfort, especially if you are a keen hiker
- ☐ (Smart) Wool or synthetic hiking socks for above footwear (bring an extra pair)
- ☐ Lightweight and quick-dry, trekking pants that may or may not convert to zip-off shorts* (*depending on your thermo-regulation)
- ☐ Breathable waterproof pants* and rain jacket** for outdoor activities in inclement weather (*can be the same pair you use for Zodiac operations / ** can be outer shell of complimentary Quark 3in1 Parka)
- ☐ Comfortable long or short-sleeve shirt for hiking either synthetic/quick-dry or merino (smart) wool
- ☐ (Hiking) gloves (medium thickness, waterproof preferred)
- ☐ Hat, buff or scarf (for wind and weather protection)
- ☐ UV protection (hat, polarized sun glasses, sun block, lip balm)
- ☐ Collapsible walking sticks for hikes (if required)
Quantities are available to borrow on every vessel
- ☐ Additional reusable thermos or water bottle
(in addition to the reusable collapsible water bottle provided)

WHAT TO BRING Packing for the Polar Regions doesn't have to be daunting, and to make it easier for you, all Quark Expeditions voyages include a Quark parka to keep, and a loan of insulated waterproof boots. Additional suggested items include:

TO WEAR ON BOARD

- ☐ Comfortable casual clothing like lighter shirts, pants or jeans, etc. (in case the ship gets warm)
- ☐ Comfortable non-slip closed-toed, heelless shoes (flip flops, sandals or slip-on shoes should not be worn on board due to safety concerns)
- ☐ Workout attire (for the fitness center and other indoor activities)
- ☐ Swimsuit for the Polar Plunge. Some vessels may also have a pool, hot tub, sauna and/or steam room. See your ship book for details.

Just a reminder: No formal evening wear required on our voyages but if you would like to bring something a little more dressy for the Captain's welcome and farewell cocktails you may certainly do so.

ADDITIONAL ITEMS

- ☐ Passport, visas, immunization records, travel documents, etc. as required
- ☐ Camera gear—complete with charger, storage medium, transport and cleaning kit (lens cloth etc.) and extra batteries
- ☐ Waterproof cell phone case or rain sleeve for camera
- ☐ Earplugs and eye masks for sleeping
- ☐ Voltage converters and plug adapters (see ship book for details)
- ☐ Moisturizer for face and hands (skin dryness due to wind and temperature changes)
- ☐ Seasickness, indigestion, headache, or other medications
- ☐ Small amount of local currency (see pre-departure book for more details)
- ☐ Insect repellent ☐ Mosquito netting



Scan this QR code or [click here](#) to watch our video on what to pack before you go.

- To view our packing checklist online, visit: [QuarkExpeditions.com/What-to-Pack/Greenland](https://www.quarkexpeditions.com/What-to-Pack/Greenland)
- Related topics are covered on our Frequently Asked Questions page: [QuarkExpeditions.com/Frequently-Asked-Questions](https://www.quarkexpeditions.com/Frequently-Asked-Questions)

WEATHER CONDITIONS & TEMPERATURES

Polar weather is extremely variable; temperatures may hover around the freezing mark and winds can be strong. The extended daylight warms sheltered areas so that you may sometimes find it warm enough for t-shirts. However, you may encounter rain, snow squalls, fog and white-outs during an expedition and should be ready for any conditions.



Shot with a telephoto lens.

To book your next adventure
Contact your Travel Professional
or a Quark Expeditions®
Polar Travel Adviser

Toll free and local numbers:

North America (Toll Free) 1 888 332 0008

U.K. Tel +44 203 514 2712

U.K. (Toll Free) 0 808 120 2333

Australia Tel +61 2 72580333

Australia (Toll Free) +61 1800 953518

France Tel +33-1 80 14 01 05

France (Toll Free) 08 05 08 66 46

[QuarkExpeditions.com](https://www.QuarkExpeditions.com)

Photos captured with a telephoto lens from a responsible
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EXPEDITION BROCHURE
October 16, 2025

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