

ANTARCTIC 2026/2027

Antarctic Express: Fly South, Sail North

 OCEAN EXPLORER



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Expedition Overview

Antarctic Express: Fly South, Sail North

Take the fastest route over the 800-km wide Drake Passage to Antarctica—a three-hour flight from Punta Arenas, Chile—and enjoy your first glimpse of the magical 7th Continent from the air, a unique introduction to the vast and dramatic landscape that remains one of the last unspoiled regions in the world. Continue your 9-day journey on ship, where an adventure beyond your wildest imagination awaits. Later, toward the end of your voyage, you'll travel back across the Drake Passage by ship to Ushuaia, Argentina, as you follow the path of early polar explorers. Flying one way and sailing the other gives you the best of both worlds.

Expect the unexpected and be rewarded with unique wildlife and natural attractions, each highlight surpassing the last. Marvel at the contrast of a rugged landscape inhabited by abundant wildlife including curious, playful penguins and seals. And embrace the excitement of standing on the Antarctic Continent for the very first time.



HIGHLIGHTS

-  Explore Antarctic with the best expedition team in the industry
-  Enjoy the speed and convenience of flying to Antarctica
-  Embrace an exciting northbound passage of the Drake Passage
-  Incredible wildlife viewing and iceberg watching
-  Enjoy on-board educational presentations by polar experts.



Itinerary

DAY 1 | ARRIVE IN PUNTA ARENAS, CHILE

Your adventure begins in Punta Arenas, Chile, the most populated city in southern Patagonia. If you arrive early, there are many museums, restaurants and shops to keep you busy for days. By early afternoon, a Quark Expeditions representative will meet you at the official starting point hotel, where you'll enjoy a welcome dinner and be briefed about preparing for your embarkation day.

DAY 2 | FLY TO KING GEORGE ISLAND AND EMBARK

Your charter flight from Punta Arenas to Antarctica will enable you to cross the legendary Drake Passage in only two hours, while far below, the ship will approach King George Island for your arrival. Your first glimpse of

dramatic Antarctic landscapes will be from a unique perspective, as your plane descends onto the South Shetland Islands. After landing, make your way to the shore, before being transferred by Zodiac to your ship to set sail for the Antarctic Peninsula.

DAYS 3-6 | ANTARCTIC PENINSULA AND SOUTH SHETLAND ISLANDS

There are few places in the world as evocative as Antarctica. The Antarctic Continent is indescribable and can only be fully appreciated through your own eyes.

As your Captain and Expedition Team keep a lookout for whales and seabirds, you'll be alerted to any new sightings. Our team of expert presenters will deepen your experience with explanations of the glaciology, history and wildlife of



ANTARCTIC EXPRESS
Fly South, Sail North

— Onboard *Ocean Explorer*
- - - To King George Island

the region, and presentations on photography to help you take memory-catching images.

Even more exciting are your daily excursions. Your first Zodiac landing is something you'll never forget. Walking on a shore inhabited by thousands of penguins is the most intimate way to experience the unique wildlife of Antarctica.

Each landing is different and is dependent on weather, but every day presents new sightings and photo opportunities, and it won't be long before you can tell the difference between Adélie, gentoo and chinstrap penguins.

You may take a Zodiac cruise in search of whales and icebergs one day, followed by a hike to a penguin rookery the next day. From the booming sound of a calving glacier to the thrill of spotting apex predators like leopard seals and orcas in

action, you'll wake up early and welcome each day with a sense of adventure and a desire to explore during this unrivaled wilderness experience.

Your Expedition Team will accompany you all along the way, providing insights into the places you visit.

DAYS 7 AND 8 | CROSSING THE DRAKE PASSAGE

A rite of passage for any Antarctic adventurer, crossing the Drake signals the end of your journey. No matter the sea conditions, you will benefit from having developed your sea legs over the course of the previous four days. While the journey home has begun, your wildlife spotting continues. Your Expedition Team will be available on deck and on the ship's bridge to help you spot the majestic wandering albatross and a number of whale species, such as minke and humpback.

When you're not looking at photos and reminiscing about the previous days, the Expedition Team will conclude their series of engaging presentations on subjects such as marine biology, polar history and glaciology.

DAY 9 | DISEMBARK USHUAIA, ARGENTINA

You will arrive in Ushuaia in the morning, after which you can continue your onward journey, or catch your flights home.

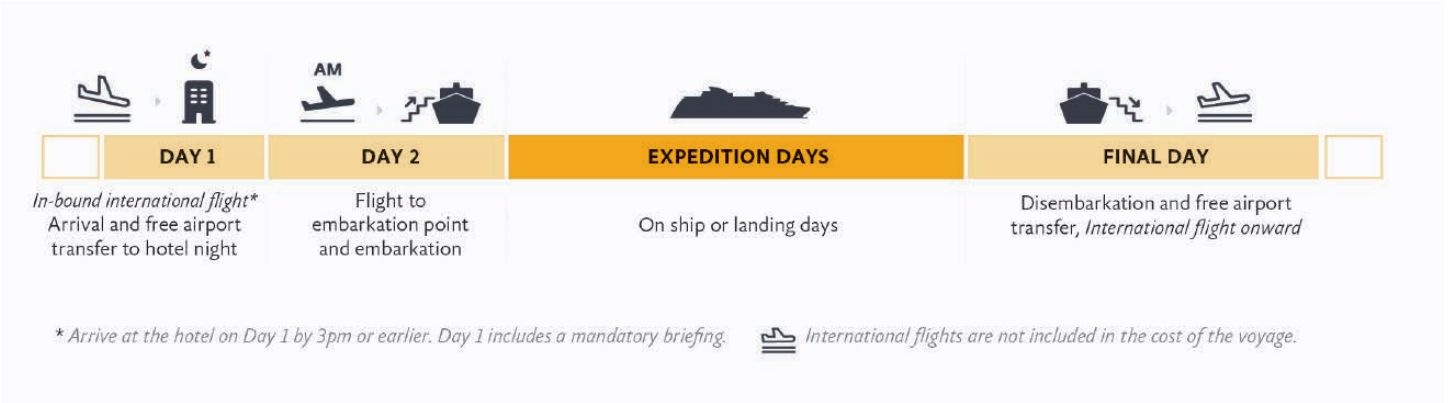


EXPEDITION SPIRIT

Embracing the unexpected is part of the legacy—and excitement—of expedition travel. When traveling in extremely remote regions, your Expedition Team must consider the sea, ice, wildlife, and weather to guide the route and itinerary details. This itinerary is a tentative outline of what you'll experience on this voyage; please be aware that no specific itinerary can be guaranteed. By the same token, wildlife encounters as described are expected, but not guaranteed. Your Expedition Team will use their considerable experience to seek out wildlife in known habitats, but the presence of any particular species of bird or marine wildlife is not guaranteed.



Arrival and Departure Details, and International Flight Planning



As you prepare for your journey, you may be interested in your arrival and departure details. Since international air transportation is not included in the cost of your expedition, you have some flexibility in planning your flights.

Arrival Day and Embarkation

DAY 1 — ARRIVING IN PUNTA ARENAS AND HOTEL NIGHT

We ask all guests to be at the hotel in Punta Arenas by 3 pm latest. If you are arriving to Punta Arenas on Day 1 we recommend booking a flight or bus that arrives by 1 pm to give yourself plenty of time. For those arriving by air on Day 1, you will be greeted at the airport and transferred to the included group hotel. For passengers arriving before Day 1 of the itinerary, taxis are available to take you from the airport.

On arrival at your hotel, either check in, and then make your way to the Quark Expeditions meeting room, or if you have arrived before check-in begins at 3 pm, you can head directly to the meeting room, which is open from 12 pm. Here you will collect your boots and parka, which you will need for the following day's flight. You will also need to bring the luggage you are planning to travel with to the meeting room, to have it weighed and checked for biosecurity clearance, which may involve vacuuming out any debris from outer clothing and backpacks, part of our commitment to protecting the sensitive Antarctic environment. After these procedures, the mandatory briefing will start at 6 pm in the meeting room. A welcome dinner hosted by a Quark Expeditions representative will follow the briefing.

PLEASE NOTE
It is important that you arrive at the hotel in Punta Arenas no later than 3 p.m., in order to have time for check in, luggage weighing and tagging, boot and parka distribution, and biosecurity clearance, prior to the mandatory briefing at 6 p.m.

DAY 2 — FLIGHT TO KING GEORGE ISLAND AND EMBARKATION

Your flight to Antarctica is expected to depart from Punta Arenas for King George Island on Day 2 of your itinerary, after breakfast. Although the flight is scheduled to depart first thing in the morning, there is significant variability based on weather conditions. You should be prepared to depart the hotel for the airport on our group transfer at any time.

CONTINGENCY PLAN

In the unlikely event that the plane is unable to depart on the planned date of the charter flight, you will be provided with a night of hotel accommodation in Punta Arenas, meals included. You may be required to be on standby and remain close to the hotel, as a weather window may open with very little notice. If the weather is not suitable on Day 3, you will enjoy additional nights of accommodation and meals in Punta Arenas. On Day 4, should the charter flight not be able to take off, Quark Expeditions will officially cancel the voyage and provide a letter for you to submit to your travel insurance provider for coverage of flight changes and other associated non-cruise costs under the trip delay/interruption and cancellation clause. Quark Expeditions will offer a refund of your cruise package and any adventure options in the event of a cancellation as a result of the charter flight being unable to depart as planned.

Quark Expeditions will make every effort to ensure that your program takes place, but due to complex and variable weather conditions, flying in this region is challenging and is beyond our control. Safety is paramount to your expedition, and our pilots follow strict weather assessment procedures.

We strongly recommend that all expedition guests purchase a comprehensive travel insurance policy, including trip delay, cancellation and interruption insurance, in addition to the required medical coverage.

In the event of a cancellation, Quark Expeditions is not responsible for any air ticket change costs you may incur. We recommend booking flexible international air tickets. Please ask your Polar Travel Advisor about travel insurance.

CHARTER FLIGHT LUGGAGE LIMIT

This expedition includes a charter flight between Punta Arenas, Chile, and King George Island, Antarctica. This package includes one checked bag (maximum 33 lbs/15 kgs) and one cabin bag (11 lbs/5kgs). There are no options to pay for additional luggage, and there are no options to store luggage while on expedition.

**FOR SAFETY REASONS LIMITS
ARE STRICTLY ENFORCED**



Final Day and Departure

DISEMBARKATION IN USHUAIA AND ONWARD

Your ship is scheduled to arrive at the pier in Ushuaia, usually between 7 a.m. and 8 a.m. Once the ship has docked, you will bid farewell to your Expedition Team and shipmates before completing your disembarkation. The process takes about an hour.

Weather conditions can always change our arrival times, and airline schedule changes have also been known to occur in Argentina. Please book your onward flight from Ushuaia to depart as late in the day as possible or at a date after the end of your expedition. If you have booked a flight that departs before 11 a.m. on the date that your expedition ends, you will be at risk of missing your flight.

Quark Expeditions staff in Ushuaia will reconfirm your domestic flight 48 hours prior to disembarkation, provided you give your information to our team ahead of time.

Arrival and Departure Transfers

PUNTA ARENAS AND USHUAIA AIRPORT TRANSFERS

ARRIVAL: Upon your arrival in Punta Arenas, a group transfer is included from the airport to your included pre-expedition hotel on Day 1 of your itinerary. Group transfers are also included in conjunction with the charter flights to and from Antarctica.

DEPARTURE: After a final breakfast aboard the ship, say goodbye to your crew as we disembark in Ushuaia. On your final day, you're free to make your way independently to the airport for departure, or extend your stay in Ushuaia.

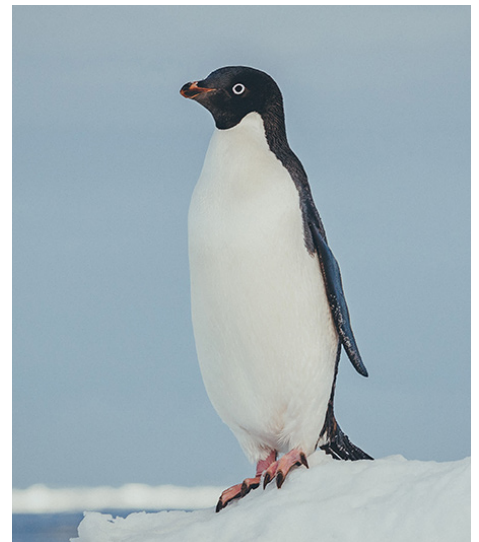
A departure transfer to the airport in Ushuaia is not included. However, your Polar Travel Adviser can arrange one for you.

In order to facilitate your transfers, we request that you provide your flight details to Quark Expeditions at least 30 days prior to traveling.

PLEASE NOTE

Included Hotel Accommodations:

Your included accommodation begins on Day 1 of your itinerary, and the specific hotel will be indicated on your final voyage confirmation. If you are arriving prior to Day 1 of your expedition or are staying after the disembarkation day and would like help booking a pre- or post-stay, please contact your preferred travel agent or Quark Expeditions for hotel options. As accommodation space is limited, you are encouraged to request any extra nights as early as possible.





OCEAN EXPLORER

Ocean Explorer, one of the most recent additions to our fleet, is modern, elegant and purpose-built for polar exploration. The 138-passenger vessel has been designed with the latest in expedition ship technology. One of the ship's key features is the ULSTEIN X-BOW®, a marine engineering innovation that ensures a comfortable and smooth sailing experience thanks to the inverted bow. Located at the bow is the two-story, light-filled library, which introduces a welcome airiness to the expedition ship. Spacious cabins feature a modern, bespoke Scandinavian design and almost all have verandas. Guests can relax and find comfort in the spacious gym, sauna with large windows, and two outdoor Jacuzzis. *Ocean Explorer* features ample outdoor viewing areas and multi-height outer decks, which are ideal for long-view photography and wildlife viewing. The vessel is equipped with a fleet of 15 Zodiacs that enable guests to get off the ship quickly and safely for off-ship adventures. In addition to the well-appointed and spacious public areas, *Ocean Explorer* has an industry-leading mix of sustainability systems, including fuel-efficient Rolls Royce engines.

SHIP SPECIFICATIONS:

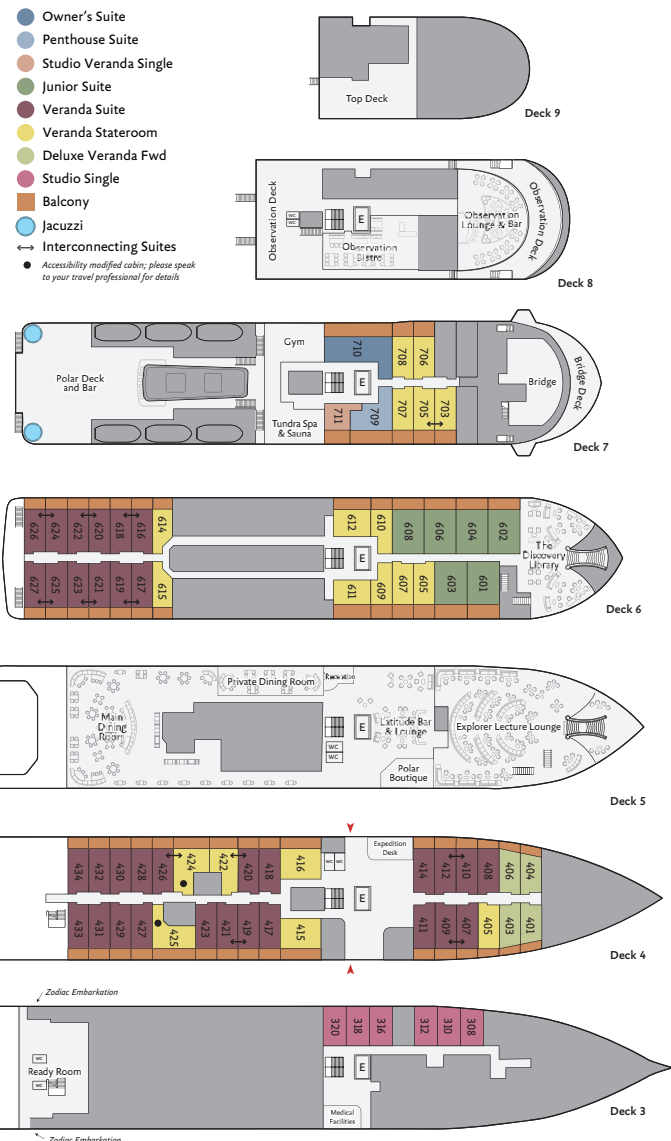
Staff and Crew: 105

Guests: 138

Lifeboats: 2

Ice Class: 1A, PC6

Visit QuarkExpeditions.com to view deck plan details.





Included Activities

These are included in your trip package.



Ready for a little adventure beyond your ship? Each Quark Expeditions voyage offers a variety of immersive off-ship activities to enhance your polar experience.

More information about your Included Activities and Adventure Options, including the necessary experience, physical requirements and cost, is available by contacting your Polar Travel Adviser or your travel professional.

ZODIAC CRUISING

Zodiacs—rugged inflatable watercraft—are the workhorses of polar expeditions, taking you to places the ships can't access, allowing you to reach remote shorelines, explore shallow inlets and search for unique wildlife. Expedition staff make stepping in and out of them safe and comfortable, and your Zodiac drivers will provide active interpretation, making the landscape come even more alive.

HIKING

Hiking in Antarctica is free-form and supervised by our expert staff, who set out a perimeter or paths at each landing site within which you are free to explore. While you hike, staff will be available to enhance your experience by answering questions about the wildlife, history and geography of the area.

PRESENTATIONS

Enjoy daily chats with and presentations by our world-class onboard polar experts—expedition guides, specialists, photography guides and other special guests who will introduce you to the fascinating history, biology, ornithology, glaciology and geology of the region, and much, much more.

POLAR PLUNGE

This rite of passage, scheduled only once per expedition, gives you the chance to jump safely into the bracing Antarctic waters under the watchful eye of our staff—and just about every single camera on board.

PHOTOGRAPHY

Documenting your voyage so you can take the memories home is a rewarding experience. Our photography guide will help you hone your skills to capture the beauty of the polar regions.



Adventure Options

These activities cost extra and must be booked in advance of your trip.



PLEASE NOTE

Pre-booking is required for all paid activities as there's no guarantee of available spaces on ship. Book early as spaces fill quickly. Please see your pre-departure guide for a list of provided gear for each Adventure Option.

SEA KAYAKING

Imagine gliding across the surface of a bay in the presence of icebergs and glaciers. Our Sea Kayaking program is a great way to intimately explore your surroundings. A small group of kayakers will plan to go out multiple times per voyage as an alternative to shore landings or Zodiac cruises.

The number of opportunities to kayak is weather dependent, and will be conducted only during calm conditions. Prior kayaking experience is required, and you must be able to do a wet exit to participate. Beginners interested in kayaking should consider participating in the Paddling Excursion.



PADDLING EXCURSION

If you're interested in kayaking but would like to try something a bit less demanding than Sea Kayaking, you're the perfect candidate to sign up for a one-time paddle on our stable sit-on-top kayaks—perfect for anyone with minimal or no kayaking experience. Small groups of paddlers will be taken out on calm days, with our expert guides always present to provide instruction and help you connect with the polar sea. Pre-book into one of two priority groups. Any subsequent excursions can be booked on board, and groups will be assigned via a lottery as spaces are limited.



Departure Date

Antarctic Express: Fly South, Sail North

OCEAN EXPLORER			Adventure Options	
Dates	Days	Start / End		
ANTARCTIC 2026/2027				
FEB 3 - 11, 2027	9	Punta Arenas/Ushuaia	\$	\$

Raise a Glass and Stay Connected.
See below for specifics on our complimentary Wi-Fi and bar service.



Inclusions and Exclusions

Inclusions

RATES INCLUDE:

For all voyages:

- An official Quark Expeditions parka to keep
- Leadership throughout the voyage by our experienced Expedition Team, including shore landings and other activities
- All Zodiac transfers and cruising as per the daily program
- All shore landings as per the daily program
- Shipboard accommodation with daily housekeeping
- All meals, snacks, soft drinks and juices on board throughout your voyage.
- Complimentary select beer, wines and select cocktails during bar service hours and dinner
- Complimentary coffee, tea and cocoa available around the clock
- Formal and informal presentations by our Expedition Team and guest speakers as scheduled
- A photographic journal documenting your expedition
- A pair of waterproof expedition boots on loan for landings and Zodiac cruising excursions
- Hair dryer and bathrobes in every cabin
- All miscellaneous service taxes and port charges throughout the program

- All luggage handling aboard the ship
- Complimentary Wi-Fi service on one device permitting basic Internet browsing, email, posting on social media and voice applications. (Premium packages are available for more data-intensive applications.)
- Emergency Evacuation insurance for all passengers to a maximum benefit of USD \$500,000 per person
- A group arrival transfer in Punta Arenas from airport to pre-expedition hotel on Day 1
- One night's pre-expedition hotel accommodation in Punta Arenas with breakfast. (Note: The number of guests per room is the same as cabin occupancy on the ship. Due to limited availability, travelers who reserve a suite on board are accommodated in standard rooms at the hotel. Triple rooms may not be available.)
- A briefing dinner on Day 1 in Punta Arenas
- A pre-expedition group transfer in Punta Arenas from the hotel to the airport
- Flight from Punta Arenas to King George Island
- Group Transfer from ship to hotel.

Exclusions

RATES SPECIFICALLY DO NOT INCLUDE:

For all voyages:

- International airfare
- Passport and applicable visa expenses
- Government arrival and departure taxes not mentioned
- Meals unless otherwise specified
- Baggage, cancellation, interruption and medical travel insurance—strongly recommended
- Our complimentary alcohol and bar service does not include spirits
- Excess-baggage fees on international and domestic flights
- Mandatory waterproof pants for Zodiac landing and cruising excursions, or any other gear not mentioned
- Laundry, spa services and other personal charges, unless specified
- Phone charges may vary by location
- Our complimentary data card does not include Premium packages which enable more data-intensive applications
- Voluntary gratuity at the end of the voyage for expedition staff and shipboard crew
- Additional overnight accommodation
- Arrival and departure transfers, except where explicitly stated
- Adventure Options not listed in Included Activities
- Transfer to airport at end of trip.

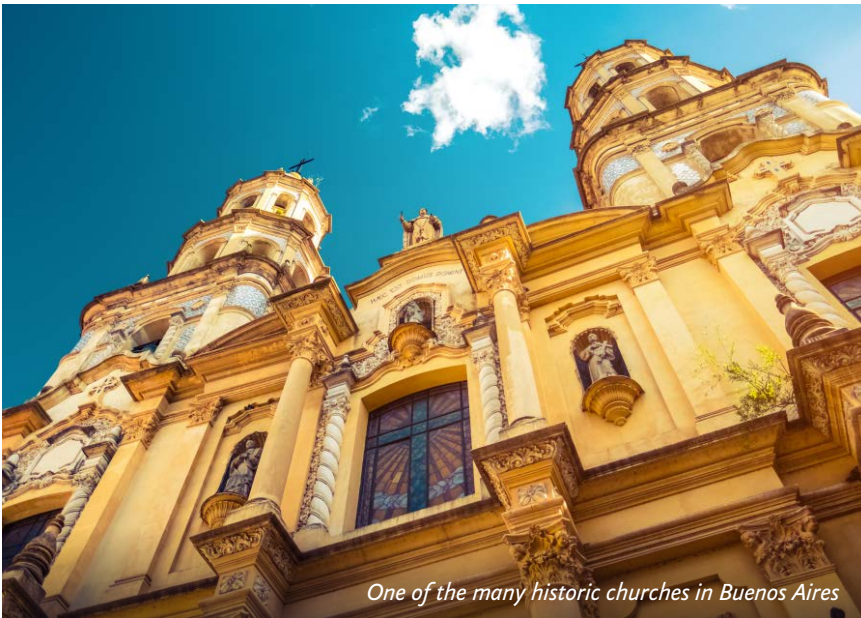


Your Expedition Team

Our Expedition Leaders are proudly and unapologetically polar-obsessed. They focus exclusively on Arctic and Antarctic exploration, and they draw on 34 years of polar expertise. They obsess over every detail of your voyage—on ship and off ship. Our Expedition Leaders spend their careers—it’s a life calling, actually—feeding and sharing their passion for the Polar Regions. And they’re driven to ensure you experience polar moments no one else can offer.

Our Expedition Leaders are experts in polar history, marine biology, glaciology, ornithology photography and other subjects. They’re trained to handle the unexpected. All staff undergo comprehensive training at Quark Academy, which provides hands-on polar expedition training to new and experienced team members.





One of the many historic churches in Buenos Aires



Plaza de Armas, the main square of Santiago de Chile



Ushuaia Maritime Museum

Extend Your Trip

PRE- AND POST-EXPEDITION TRIP EXTENSIONS

Since you're traveling such a long way, considering exploring deeper into South America before or after your expedition.

The Argentine capital of **Buenos Aires**—the tango capital of the world—attracts visitors to colorful neighborhoods such as Recoleta and San Telmo, where they can savor Argentine barbecue at traditional steakhouses, enjoy regional music, or wander the tree-lined boulevards to marvel at the architecture. For an extended tour option while in Buenos Aires, visit stunning Iguazú Falls.

Ushuaia, at the bottom of Argentina, offers unique museums, incredible hiking, Patagonian cuisine and day trips to Tierra del Fuego National Park.

In Chile, immerse yourself in the vibrant capital of **Santiago**, known for its bustling markets, wine bars, historic neighborhoods like Bellavista, and landmarks such as Cerro San Cristóbal.

In the smaller Chilean city of **Punta Arenas**, you'll discover a bustling enclave that's rich in food, history and culture. Visit Museo Nao Victoria to see replicas of famous ships such as HMS Beagle, or sample local cuisine, such as sopa marinera (seafood soup).

To discover the best options for extending your adventure, get in touch with your Travel Professional or a Polar Travel Adviser for seamless, worry-free booking of all trip extensions.

Raise a Glass and Stay Connected

See below for specifics on our complimentary Wi-Fi and bar service.



Meals on Board

If there is one constant on board, it is that you'll enjoy delicious meals daily. While meal times may change due to landings and wildlife encounters, you'll always be served three well-prepared meals per day. Most dietary restrictions can be accommodated by letting us know prior to your expedition.

Breakfasts and lunches are normally served buffet style, while dinners are served plated. À la carte meals are made at the time of your order, allowing our chefs to prepare each dish to your individual needs, ensuring you receive top-quality meals during the course of your expedition.

Complimentary coffee, tea, cocoa and water stations are available around the clock, while soft drinks and juices are available during meals and when the bar is open—all included in the cost of your package.

Enjoy free beer, standard wines, spirits, and cocktails during bar service hours and dinner as part of our "Raise a Glass and Stay Connected Free" program. Premium wines and champagne are available at extra cost and can be billed to your shipboard account. The well-stocked bars on the ship are open late morning, afternoon and evening, though hours may occasionally change to accommodate the expedition schedule.





Possible Excursions

When traveling in extremely remote regions, your Expedition Team must consider the sea, ice and weather to guide the route and itinerary details. The following is a sample of what you may experience on your expedition, whether by ship, Zodiac cruise, or shore landing.

Antarctic Peninsula

CIERVA COVE

Cierva Cove boasts jaw dropping icebergs and a glaciated backdrop. A massive glacial face regularly calves into the bay, often leaving spectacular floating ice. Seals can be spotted on ice floes, and later in the season, humpback whales occasionally feed in the icy waters.

CUVERVILLE ISLAND

Rising out of the mouth of the Errera Channel, this tall, steep island is covered by a colorful spectrum of lichens and mosses. A large gentoo penguin rookery is situated on a rocky beach at the north end of the island. Depending on when in the season you arrive, you may see the penguins building nests, incubating eggs, or attending to their chicks.

DAMOY POINT

Damoy Point is the site of a historical ice runway used by the British Antarctic Survey for their flights further south since 1975. The well-maintained hut was used as a staging-post to store supplies and for accommodation while awaiting ideal flying conditions. The point is also home to a penguin rookery and allows for spectacular views of the mountains of Anvers Island.

DANCO ISLAND

Home to gentoo penguins, this small dome-shaped island provides you with a stunning view of the Errera Channel and excellent Zodiac cruising opportunities.

ENTERPRISE ISLAND

Located in Wilhelmina Bay, this island's protected coves were once used by whalers. A Zodiac cruise exploring the island passes the rusting remains of a wrecked whaling ship, and provides opportunities to search for humpback whales.

LEMAIRE CHANNEL

One of the most scenic locations on the peninsula's west coast, this dramatic



strait runs between the towering cliffs of Booth Island and the Antarctic Peninsula. The channel may become impassable when ice fills the narrow, 6.8-mile (11 km)-long passageway, so we'll hope for clear waters.

MELCHIOR ISLANDS

This group of low, glaciated islands in Dallmann Bay is where you may see hauled-out male fur seals as they recuperate from their battles for supremacy at the end of their breeding season.

MIKKELSEN HARBOR

Located on the south side of Trinity Island and surrounded by stunning ice cliffs and several reefs, Mikkelsen Harbor is a 1.86-mile (3 km)-wide bay, discovered by a Swedish Antarctic expedition in 1901-04. Enjoy a Zodiac cruise of the beautiful waters, or if conditions allow, land at D'Hainaut Island, home to an Argentine refuge hut and whaling remains in the form of a wooden boat

and whale skeletons. Weddell seals are often seen in the area and a gentoo penguin rookery is situated on the island.

NEKO HARBOUR

Little evidence remains that this bay was once used by the floating whale factory ship *Neko*. You might see whale vertebrae being used by resident gentoo penguins as shelter from the wind.

PARADISE HARBOR

Paradise Harbor is a wide bay and natural harbor on the West Antarctic Peninsula. Mountains, glaciers and ice cliffs offer spectacular views. Icebergs occasionally calve from the glaciers, providing a place for seals, penguins and seabirds to rest and play. An Argentine base, Almirante Brown Station—named after Admiral Guillermo Brown, father of the Argentine Navy—is also located in Paradise Harbor, and was operated from 1951 until a large section of it burned down in 1984. It has since been partially rebuilt and today is used during summer months for scientific research.

PETERMANN ISLAND

Here, near the Lemaire Channel, you can stand ashore and see the southernmost breeding colony of gentoo penguins. Adélie penguins, shags and south polar skuas also inhabit the island.

PORT LOCKROY

As part of Operation Tabarin during the Second World War, a secret British base was built in this sheltered harbor, located on the west side of Wiencke Island. Now a designated historic site, the base is a museum and post office. Proceeds from your purchases in Port Lockroy support the UK Antarctic Heritage Trust, which preserves British and other historic sites dating to the Heroic Age of Exploration. A large gentoo penguin population resides here.

WILHELMINA BAY

Humpback whales abound in "Whalemina Bay," as it's nicknamed, and the scenery is spectacular. Sheer cliffs and glaciers surround the calm waters of the protected bay, named after Wilhelmina,



queen of the Netherlands from 1890 to 1948. If you're lucky, you may see the humpbacks bubble-net feeding: they exhale while swimming in a wide circle below the surface, trapping krill in a "net" of bubbles, and then swim straight up from below, mouths open, to engulf their prey. A truly astounding sight.

South Shetland Islands

AITCHO ISLANDS

This group of small islands is situated in the northern entrance of the English Strait. You can often spot a great mix of wildlife in the area, with gentoo and chinstrap penguins having established rookeries on the islands. Southern elephant, fur and Weddell seals frequently haul out here, too.

DECEPTION ISLAND

Deception Island is a flooded circular caldera formed by the collapse of an active volcano. To reach this protected harbor, it is necessary to sail through a narrow passage called Neptune's Bellows. Inside are several bays used at

various times for whaling and scientific research. Along with waddling penguins and lounging seals, you'll see the rusting remains of whaling operations on the beach in some locations. The landscape of Deception Island often presents opportunities for longer walks to striking vistas. The stark contrast between snow and dark volcanic sand and the steam along the shoreline from geothermic activity when the tide is right, gives this location an atmospheric feel.

HALF MOON ISLAND

This crescent-shaped island was known to sealers as early as 1821. While they tried to keep this productive location secret, we're happy to bring you ashore on this impressive island. Many Antarctic birds breed here, including chinstrap penguins, shags, Wilson's storm petrels, kelp gulls, snowy sheathbills, Antarctic terns and skuas.

HANNAH POINT

On the southern coast of Livingston Island at Hannah Point, you may see chinstrap and gentoo penguin rookeries,

along with the occasional breeding macaroni penguin. Due to the rather congested area available to the nesting penguins, we are able to visit here only after January 10.

TURRET POINT

Chinstrap and Adélie penguin rookeries are found on this point, situated on the south coast of King George Island. The beaches here are often crowded with southern elephant, fur and Weddell seals hauled out on the rocks.

YANKEE HARBOUR

Gentoo penguins have established a rookery at this harbor, situated on the southwest side of Greenwich Island. Here, you can see an abandoned Argentine refuge hut and a large glacier that stretches along the east and north sides of the bay. An abandoned sealing try pot is all that remains of the activity that brought men thousands of miles in tall ships to seek their fortune. Enjoy a rare chance for a longer walk along the expansive beach, dotted with historical artifacts and wildlife.



EXPEDITION SPIRIT

Embracing the unexpected is part of the legacy—and excitement—of expedition travel. When traveling in extremely remote regions, your Expedition Team must consider the sea, ice, wildlife, and weather to guide the route and itinerary details. This itinerary is a tentative outline of what you'll experience on this voyage; please be aware that no specific itinerary can be guaranteed. By the same token, wildlife encounters as described are expected, but not guaranteed. Your Expedition Team will use their considerable experience to seek out wildlife in known habitats, but the presence of any particular species of bird or marine wildlife is not guaranteed.

What to pack on your Antarctic expedition

BY SEA

All transfers ship to shore and Zodiac/ship cruising.

- Waterproof pants (mandatory for every Zodiac ride)
- Base-layer wool or synthetic top*
- Base-layer wool or synthetic bottom*
- Mid-layer warm or fleece top*
- Mid-layer warm or fleece bottom*
- Warm wool or synthetic socks (keep a dry pair in your bag, and bring extras for layering)
- Glove liners * Hand and feet warmers* Binoculars
- Waterproof gloves or mitts (bring an extra pair)
- Scarf, buff, or other face protection
- Warm hat that covers ears (bring an extra)
- Waterproof, lightweight backpack or dry sack and/or rain sleeve for camera or a waterproof phone case (to keep camera and gear dry)
- Polarized sunglasses with UV protection (consider bringing an eyewear retainer: string/clip etc.)
- Ski goggles (for Zodiac cruising on snowy or windy days)

*recommended layering depending on the conditions of the day and reflecting your personal thermo-regulation comfort levels.

BY LAND (Shore Excursions and Hiking)

In addition to the gear requirements (as above) mandatory for the transit from ship to shore, it is recommended to bring:

- Hat, buff or scarf (for wind and weather protection)
- UV protection (sun hat, polarized sun glasses, sun block, lip balm etc.)
- Collapsible walking sticks for hikes (if required)
Quantities are available to borrow on every vessel
- Additional reusable (thermos-regulating) water bottle (in addition to the reusable collapsible water bottle provided)

WHAT TO BRING Packing for the Polar Regions doesn't have to be daunting, and to make it easier for you, all Quark Expeditions voyages include a Quark parka to keep, and a loan of insulated waterproof boots. Additional suggested items include:

TO WEAR ON BOARD

- The complimentary Quark 3-in-1 Parka provided on board is designed with a waterproof shell that can be worn out on deck, and a removable liner that you can wear to stay comfortable indoors)
- Comfortable casual clothing like lighter shirts, pants or jeans, etc. (in case the ship gets warm)
- Comfortable non-slip closed-toed, heelless shoes (flip flops, sandals or slip-on shoes should not be worn on board due to safety concerns)
- Workout attire (for the fitness center)
- Swimsuit (for the Polar Plunge. Some vessels may also have a pool, hot tub, sauna and/or steam room. See your ship book for details.)

Just a reminder: No formal evening wear required on our voyages but if you would like to bring something a little more dressy for the Captain's welcome and farewell cocktails you may certainly do so.

ADDITIONAL ITEMS

- Passport, visas, immunization records, travel documents, etc. as required
- Camera gear—complete with charger, storage medium, transport and cleaning kit (lens cloth etc.) and extra batteries
- Reusable waterproof bags or plastic bags with zippers (to keep small items organized and cameras dry)
- Voltage converters and plug adapters (see ship book for details)
- Seasickness, indigestion, headache, or other medications
- Earplugs and eye masks for sleeping
- Moisturizer for face and hands (skin dryness due to wind and temperature changes)
- Credit card and small amount of local currency (see pre-departure book for more details)

- › To view our packing checklist online, visit: [QuarkExpeditions.com/What-to-Pack/Antarctica](https://www.quarkexpeditions.com/What-to-Pack/Antarctica)
- › Related topics are covered on our Frequently Asked Questions page: [QuarkExpeditions.com/Frequently-Asked-Questions](https://www.quarkexpeditions.com/Frequently-Asked-Questions)



Scan this QR code or [click here](#) to watch our video on what to pack before you go.

WEATHER CONDITIONS AND TEMPERATURES

Polar weather is extremely variable; temperatures may hover around the freezing mark and winds can be strong. The extended daylight warms sheltered areas so that you may sometimes find it warm enough for t-shirts. However, you may encounter rain, snow squalls, fog and white-outs during an expedition and should be ready for any conditions.



Polar-Obsessed Since 1991

TO BOOK YOUR NEXT ADVENTURE

Contact your Travel Professional
or a Quark Expeditions Polar Travel Adviser

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EXPEDITION BROCHURE
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