

Contents

- 1 Expedition Overview
- 2 Itinerary
- 4 Arrival and Departure Details
- 6 Your Ship
- 8 Included Activities
- 9 Adventure Options
- 10 Departure Dates
- 11 Inclusions and Exclusions
- 12 Your Expedition Team
- 13 Meals on Board
- 14 Possible Excursions
- 16 Packing Checklist



Expedition Overview

Spitsbergen Highlights: Journey into the Arctic Wilderness

On this extraordinary journey, you will pack all the excitement of an epic Arctic cruise into just seven days, experience incredible Arctic wilderness you never dreamt possible. Though this rocky island is covered in mountains and glaciers, the towering cliffs and fjords play host to a thriving and diverse ecosystem. Exploring as much of the area as possible, you will enjoy maximum opportunities to spot, among other wildlife, the walrus with its long tusks and distinctive whiskers, the resilient and Arctic birds in all their varied majesty, and that most iconic of Arctic creatures, the polar bear.

As one of our most popular Arctic voyages, Spitsbergen Highlights: Journey into the Arctic Wilderness on Ultramarine, provides a one-of-a-kind polar experience. Ultramarine, our technologically-advanced polar vessel, can take you to remote destinations no other ships can reach. Aboard *Ultramarine*, explore Spitsbergen in brand new ways—taking advantage of the 20 quick-launching Zodiacs and more outdoor wildlife viewing spaces than other expedition ship its size—to create the Arctic experience perfect for you. *Ultramarine*, a passenger and staff favorite, is much loved for its intimate onboard ambiance that enables guests to connect with other travelers and members of the expedition team.

HIGHLIGHTS



Spot iconic Arctic wildlife, such as polar bears, walrus and reindeer



Enjoy all the adventure of an Arctic expedition in a week



Cruise in a Zodiac to explore glaciers, fjords, icebergs and more



Hike the colorful tundra, one of the many features of this Arctic wilderness



Immerse yourself in the icy realm of the Arctic with optional kayaking adventures



Itinerary

DAY 1 | ARRIVE IN HELSINKI, FINLAND

Your Arctic adventure begins in Helsinki, renowned for its extraordinary architecture and intriguing mix of eastern and western influences. If you arrive early, explore the many museums, galleries and restaurants, relax at a Finnish sauna or wander the vibrant Design District before retiring at your hotel, which is included in your Charter Flight & Hotel Package.

DAY 2 | FLY TO LONGYEARBYEN, SVALBARD & EMBARK

This morning, the group will transfer to the airport and board our private charter flight to Longyearbyen, Spitsbergen's largest settlement.

DAYS 3 - 6 | EXPLORING SPITSBERGEN

You'll sail around the shores of this magical island, constantly searching for natural wonders. Covering western Spitsbergen, your expedition will afford ample opportunities to view immense glaciers, deep fjords, soaring mountains and unique flora and fauna.

Sailing north into Krossfjorden, have your camera handy, ready to capture some of the best glacier calving in Spitsbergen. Deep in the fjord, the highly active Lilliehöök Glacier awaits. Listen in awe to the growling as big chunks break off into the icy waters below. A Zodiac excursion to nearby Ny-London, an abandoned mining settlement, provides



SPITSBERGEN HIGHLIGHTS:
Journey into the Arctic Wilderness
Onboard the Ultramarine
Flights to/from Helsinki

an ideal place for a guided walk. Sightings of wildlife, such as the endemic Svalbard reindeer, might be possible here.

After cruising overnight, wake up to the stunning sight of the magnificent Monaco Glacier, another prolific iceberg producing glacier. To make this even more thrilling, help your Expedition Team to scan the shorelines and ice edge for marine mammals. Possible landing sites include Texas Bar, Worsleyneset and Alicehamna.

At Smeerenburg you can see the remains of an abandoned settlement that was established by Dutch whalers nearly 400 years ago. Here, at what was once one of Europe's most northerly outposts, you'll have time to explore ashore and learn about Spitsbergen's whaling history. Afterwards, cruising to Magdalenefjorden rewards you with panoramic vistas of snow-capped mountains and massive glaciers reflected in the crystal-clear waters.

We hope to round out the day in Alkhornet, taking in the towering cliffs teeming with nesting seabirds, such as fulmars and Brünnich's guillemots (thickbilled murres). Sightings of reindeer are possible here too. Later, in the evening, swap stories with your shipmates and crew one last time, at the captain's farewell dinner.

DAY 7 | DISEMBARK IN LONGYEARBYEN & FLY TO HELSINKI

The time to say goodbye has come. Your adventure ends as it began, in the frontier-style settlement of Longyearbyen. From here, we'll transfer you to the airport for your return group charter flight to Helsinki, included in your Charter Flight & Hotel Package.

EXPEDITION SPIRIT

Embracing the unexpected is part of the legacy—and excitement—of expedition travel. When traveling in extremely remote regions, your Expedition Team must consider the sea, ice, wildlife, and weather to guide the route and itinerary details. This itinerary is a tentative outline of what you may experience on this voyage; please be aware that no specific itinerary can be guaranteed. By the same token, wildlife sightings as described are expected, but not guaranteed. Your Expedition Team will use their considerable experience to seek out wildlife in known habitats, but the presence of any particular species of bird or marine wildlife is not guaranteed.









Arrival and Departure Details, and International Flight Planning



As you prepare for your journey, you may be interested in your arrival and departure details. Since international air transportation is not included in the cost of your expedition, you have some flexibility in planning your flights.

Arrival Day and Embarkation

DAY 1 — ARRIVING AND HOTEL NIGHT IN HELSINKI

You may arrive in Helsinki at any time during Day 1 of the itinerary. Your included accommodation will be at the airport hotel, so arrival transfers are not necessary. Please keep in mind that your hotel room may not be ready for check in until 3pm. On arrival at the hotel, you will receive a welcome letter outlining the departure information for the following day's flight. Final details and check-in procedures can be found in your final documents. An agent representing Quark Expeditions® will be available in the lobby of the hotel that evening to answer any questions about the charter flight(s) scheduled for the following morning.

DAY 2 — CHARTER FLIGHT AND EMBARKATION IN LONGYEARBYEN

After a well rested night at your hotel you will join your flight up to Longyearbyen. Upon arrival in Longyearbyen, you will be transferred from the airport to a drop off point and your luggage will be taken directly to the ship. Details of ship transfer times will be provided during your arrival transfer. Due to port logistics, it is possible that you may need to board the vessel by Zodiac, rather than from the pier.

PLEASE NOTE

There is a strict luggage weight limit on checked luggage and cabin baggage on the flights between Helsinki and Longyearbyen. Should you have additional luggage, it can be stored at the hotel in Helsinki. There is NO option to pay for additional luggage.

You will find in your final documents:

- Luggage weight restrictions on charter flights
- Hotel information and check in time
- Charter flight time to embarkation point
-) Embarkation plan
- Departure charter flight time

Final Day and Departure

DISEMBARKATION IN LONGYEARBYEN AND CHARTER FLIGHT

Your voyage is scheduled to end back in Longyearbyen where you will disembark after breakfast. The process takes about an hour and due to port logistics, may involve one last Zodiac ride to the pier.

DEPARTING FROM HELSINKI

Arrival times back to Helsinki will not be available until 30 days prior to voyage. If you wish to book your international flights before this point, we suggest you book a post night in Helsinki and depart the following morning. Scheduled charter flight times will appear in your final documents, and any additional updates will be communicated on board prior to disembarkation.

Arrival and Departure Transfers

HELSINKI AIRPORT TRANSFERS

Arrival and departure transfers in Helsinki are not included in the expedition. Your first night's included accommodation will be provided at the airport hotel, so please make your way to the lobby for check-in when you arrive. The voyage concludes on arrival at the Helsinki airport. If you require a transfer to the city, you will need to arrange your own transportation. Most airports we travel in and out of have good taxi ranks in the arrivals area, or you can often pre-book a transfer online.

If you are flying home right away, you will most likely be able to board a connecting flight on the same day. Please be sure to allow three hours between our charter arrival and your international departure.

PLEASE NOTE

Included Hotel Accommodations:

Your included accommodation begins on Day 1 of your itinerary, and the specific hotel(s) will be indicated in your final voyage confirmation. If you are arriving prior to Day 1 of your expedition or are staying after the disembarkation day and would like to extend your stay, you can book directly with the hotel or through a third party.





Your Ship

ULTRAMARINE

The technologically advanced *Ultramarine* is built to go beyond the familiar in polar travel and to immerse guests in the best the region has to offer.

With 20 quick-deploy Zodiacs strategically positioned at water level, Ultramarine offers the industry's largest portfolio of off-ship adventures. The vessel features the most spacious suites in its category, breathtaking public spaces, exceptional wildlife-viewing areas, superb amenities, and sustainability systems that exceed industry standards.

Ultramarine is designed to deliver unforgettable polar memories.

SHIP SPECIFICATIONS:

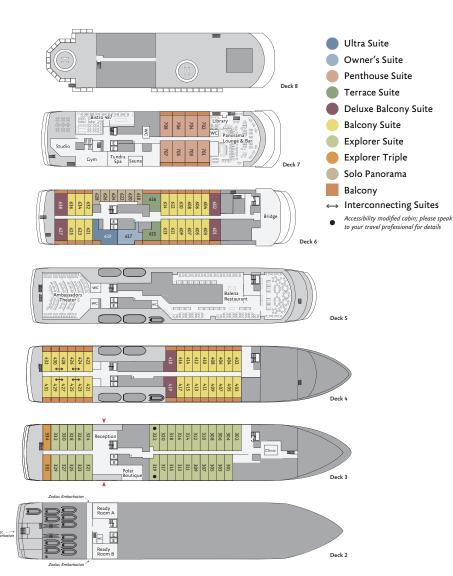
Staff and Crew: 140

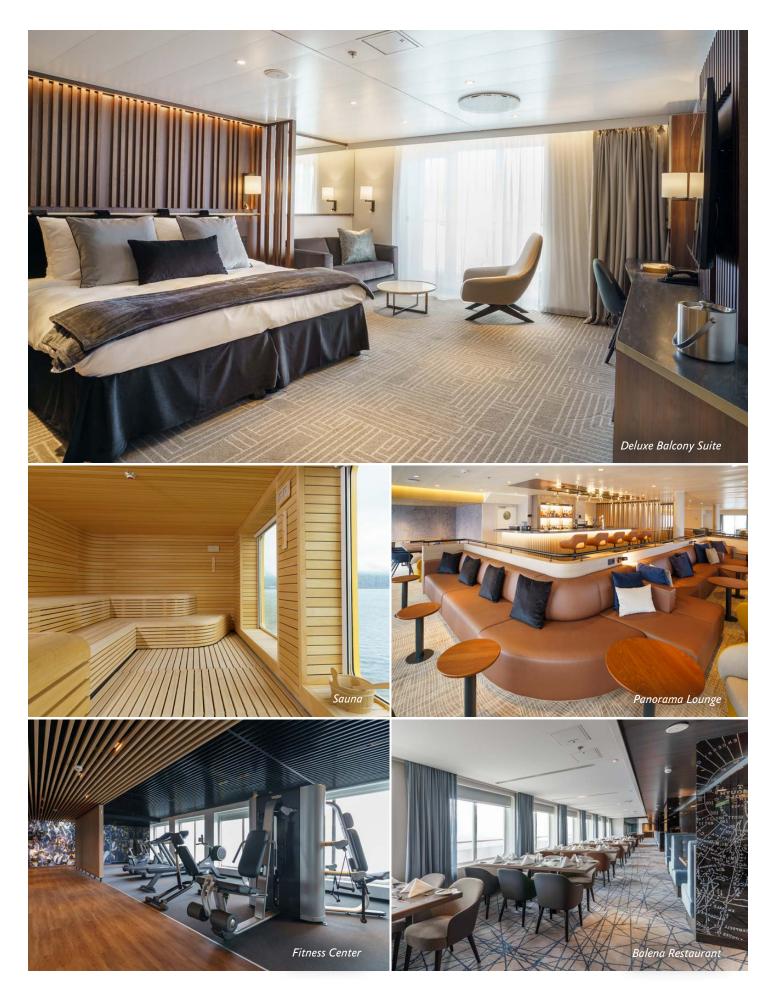
Guests: 199

Lifeboats: 4, fully enclosed

Ice Class: PC6

Visit QuarkExpeditions.com to view deck plan details.







Included Activities

All of these activities are included in the price of your trip.

Ready for a little adventure beyond your ship? Each Quark Expeditions® voyage offers a variety of recreational activities to enhance your polar experience.

ZODIAC CRUISING

Zodiacs are the workhorses of polar expeditions, taking you to places the ships can't access, allowing you to reach remote shorelines, explore shallow inlets and search for unique wildlife. Expedition staff make stepping in and out of them safe and comfortable, and your Zodiac drivers will provide active interpretation, making the landscape come even more alive.

HIKING

Led by experienced staff, exploring on foot is one of the best ways to appreciate the polar landscapes. Our guides are able to accommodate a range of skill levels to suit every guest.

PRESENTATIONS

Enjoy daily chats with and presentations by our world-class onboard polar experts—expedition guides, specialists, photography guides and other special guests who will introduce you to the fascinating history, biology, ornithology, glaciology and geology of the region, and much, much more.

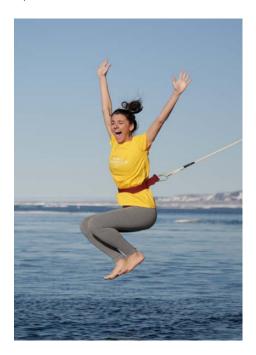
POLAR PLUNGE

This rite of passage, scheduled only once per expedition, gives you the chance to jump safely into the bracing Arctic waters under the watchful eye of our staff-and just about every single camera on board!

PHOTOGRAPHY

Documenting your voyage so you can take the memories home is a rewarding experience. Our photography guide will help you hone your skills to capture the beauty of the polar regions.

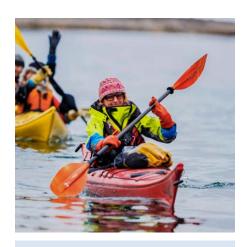
Contact your Polar Travel Adviser or your Travel Professional for more information about your Included Activities and Adventure Options, including the necessary experience, physical requirements and cost.





Adventure Options

All of these activities cost extra and should be booked in advance of your trip.



PLEASE NOTE

Pre-booking is required for all paid activities. We recommend booking early as spaces fill quickly.

★ SEA KAYAKING

Imagine gliding across the surface of a bay in the presence of icebergs and glaciers. Our Sea Kayaking program is a great way to intimately explore your surroundings. A small group of kayakers will plan to go out multiple times per voyage as an alternative to shore landings or Zodiac cruises.

The number of opportunities to kayak is weather dependent, and will be conducted only during calm conditions. Prior kayaking experience is required, and you must be able to do a wet exit to participate. Beginners interested in kayaking should consider participating in the Paddling Excursion.

X PADDLING EXCURSION

If you're interested in kayaking but would like to try something a bit less demanding than Sea Kayaking, you're the perfect candidate to sign up for a one-time paddle on our stable sit-ontop kayaks—perfect for anyone with minimal or no kayaking experience. Small groups of passengers will be taken out on calm days, with our expert guides always present to provide instruction and help you connect with the polar sea. Two groups of 10 will be pre-booked, and once successfully completed, any subsequent outings will be offered via lottery on board.



Departure Date

Spitsbergen Highlights: Journey into the Arctic Wilderness

ULTRAMARINE

Dates	Days	Start / End	Sea Kayaking	Paddling Excursion
ARCTIC 2025				
MAY 19 - 25, 2025	7	Helsinki	\$	\$

\$ Paid Activities



Inclusions and Exclusions

Inclusions

RATES INCLUDE:

- · An official Quark Expeditions® parka to keep
- · Leadership throughout your voyage by our experienced Expedition Leaders, including shore landings and other activities
- · All Zodiac transfers and cruising as per the daily
- · All shore landings as per the daily program
- · Shipboard accommodation with daily housekeeping
- · All meals, snacks, soft drinks and juices on board throughout your voyage (Please inform us of any dietary requirements as far in advance as possible. Unfortunately, the ships' galleys cannot prepare kosher meals.)
- Complimentary select beer, wines and select cocktails during bar service hours and dinner
- · Complimentary coffee, tea and cocoa available around the clock

- · Formal and informal presentations by our Expedition Team and guest speakers as scheduled
- · A photographic journal documenting the expedition
- A pair of waterproof expedition boots on loan for landings and Zodiac cruising excursions
- · Hair dryer and bathrobes in every cabin
- · Complimentary Wi-Fi service on one device permitting basic Internet browsing, email, posting on social media and voice applications. (Premium packages are available for more data-intensive
- · All miscellaneous service taxes and port charges throughout the program
- · All luggage handling aboard the ship
- · Transfers between Longyearbyen town center and port on embarkation and disembarkation day.

Exclusions RATES SPECIFICALLY

DO NOT INCLUDE:

- · Charter Flight & Hotel Package*
- · International airfare
- · Arrival and departure transfers in Helsinki
- · Passport and visa expenses
- · Government arrival and departure taxes not mentioned above
- · Meals ashore unless otherwise specified
- · Baggage, cancellation, interruption and medical travel insurance—strongly recommended
- · Excess-baggage fees on international and domestic flights
- · Mandatory waterproof pants for Zodiac cruising, or any other gear not mentioned
- · Laundry, bar and other personal charges unless specified
- · Phone charges may vary by location
- · Voluntary gratuity at the end of the voyage for shipboard staff and crew
- · Additional overnight accommodation
- · Adventure Options not listed in Included

*CHARTER FLIGHT & HOTEL PACKAGE INCLUDES:

- · One night's pre-expedition hotel night at Helsinki airport hotel, with breakfast
- · Charter flight from Helsinki to Longyearbyen
- · Arrival and departure transfers in Longyearbyen
- · Charter flight from Longyearbyen to Helsinki



Your Expedition Team

Our Expedition Leaders and their teams bring diverse expertise in subjects as varied as polar history, marine biology, glaciology, ornithology and photography. Their knowledge and enthusiasm will greatly enhance your immersion into the polar environment and further deepen your connection to the Arctic.

With over 30 years of experience bringing passengers to remote polar regions and an industry-leading staff-to-guest ratio, we know how to safely handle the unexpected. Ensuring this hard earned experience is passed on, our expedition staff receive comprehensive training in Quark Academy, which provides hands-on polar expedition training prior as part of our onboarding process as well as ongoing training for experienced staff.





Raise a Glass and Stay Connected

See below for specifics on our complimentary Wi-Fi and bar service.



Meals on Board

If there is one constant on board, it is that you'll enjoy delicious meals daily. While meal times may change due to landings and wildlife sightings, you'll always be served three well-prepared meals per day. Most dietary restrictions can be accommodated by letting us know prior to your expedition.

Balena Restaurant, the main diningroom on Deck 5 of *Ultramarine*, features tables that accommodate 2 to 10. Guests can enjoy a quiet dinner with a loved one or join a larger table of new friends. Guests will enjoy views from every seat in addition to direct access to the wraparound deck. Guests can also enjoy a meal in Bistro 487, which offers an indoor/outdoor dining experience—perfect for enjoying the polar landscapes.

Breakfasts and lunches are normally served buffet style, while dinners are served plated. À la carte meals are made at the time of your order, allowing our chefs to prepare each dish to your individual needs, ensuring you receive top-quality meals during the course of your expedition.

Complimentary coffee, tea, cocoa and water stations are available around the clock, while soft drinks and juices are available during meals and when the bar is open—all included in the cost of your package.

Enjoy free beer, standard wines, spirits, and cocktails during bar service hours and dinner as part of our "Raise a Glass and Stay Connected Free" program. Premium wines and champagne are available at extra cost and can be billed to your shipboard account. The well-stocked bars on the ship are open late morning, afternoon and evening, though hours may occasionally change to accommodate the expedition schedule.







Possible Excursions

When traveling in extremely remote regions, your Expedition Team must consider the sea, ice and weather to guide the route and itinerary details. The following sites are a sample of what you may experience on your expedition, whether by ship, Zodiac cruise, or shore landing.

Spitsbergen

LILLIEHÖÖK GLACIER

In 2005, nearly 100 years after his great-great-grandfather conducted scientific investigations here, Prince Albert II of Monaco returned to Lilliehöök Glacier to honor his ancestor's memory. Here, you can take a Zodiac cruise amid labyrinths of sparkling icebergs, and witness breathtaking panoramas of ice. You may even spot bearded seals hauled out on the floes.

LONGYEARBYEN

Home to 2,400 people, the administrative capital of Svalbard is situated on the southern side of Adventfjorden. The settlement was founded in 1905 by John Munroe Longyear, the majority owner of the Arctic Coal Company of Boston. Today as much as ever, this is a true frontier town.

MOFFEN ISLAND

This island is designated as a protected sanctuary for walrus, which are only viewed from the ship—have your binoculars ready!

MONACO GLACIER

Prince Albert I of Monaco, a pioneer of oceanography, led an expedition to Svalbard in 1906. His team used sophisticated photographic techniques to understand the shape and position of



several glacier fronts. Monaco Glacier honors the expedition, the prince and the principality over which he reigned. While touring the glacier front by Zodiac cruise, listen to the crackle and pop of the brash ice, search for seals and have a chance to admire a natural sculpture gallery.

WORSLEYNESET

Worslevneset is a colorful tundracovered headland with flora boasting such unique names as moss campion (a bright green cushion plant dappled in pink flowers), saxifrage and Arctic mouse-eared chickweed. The point is a pleasure to explore.



Embracing the unexpected is part of the legacy—and excitement—of expedition travel. When traveling in extremely remote regions, your Expedition Team must consider the sea, ice, wildlife, and weather to guide the route and itinerary details. This itinerary is a tentative outline of what you'll experience on this voyage; please be aware that no specific itinerary can be guaranteed. By the same token, wildlife sightings as described are expected, but not guaranteed. Your Expedition Team will use their considerable experience to seek out wildlife in known habitats, but the presence of any particular species of bird or marine wildlife is not guaranteed.







What to pack on your Arctic expedition

WHAT TO BRING! Packing for the Polar Regions doesn't have to be daunting, and to make it easier for you, all Quark Expeditions voyages include a Quark parka to keep, and a loan of insulated waterproof boots. Additional suggested items include:

BY SEA

All transfers ship to shore and Zodiac/ship cruising.			
☐ Waterproof pants (mandatory for every Zodiac ride)			
□ Base-layer wool or synthetic top*			
☐ Base-layer wool or synthetic bottom*			
☐ Mid-layer warm or fleece top*			
☐ Mid-layer warm or fleece bottom*			
□ Warm hat that covers ears (bring an extra)			
\square Scarf, buff, or other face protection			
□ Warm wool or synthetic socks (keep a dry pair in your bag, and bring extras for layering)			
$\hfill\square$ Waterproof gloves or mitts (bring an extra, lighter pair for hiking)			
□ Glove liners*			
☐ Hand and feet warmers*			
□ Binoculars			
☐ Polarized sunglasses with UV protection (consider bringing an eyewear retainer: string/clip etc.)			
\square Ski goggles (for Zodiac cruising on snowy or windy days)			
☐ Waterproof, lightweight backpack or dry sack and/or rain sleeve for camera or a waterproof phone case (to keep camera & gear dry)			
*recommended layering depending on the conditions of the day and reflecting your personal thermo-regulation comfort levels.			
BY LAND (Shore Excursions and Hiking) In addition to the gear requirements (as above) mandatory for the transit from ship to shore, it is recommended to bring:			
☐ Hat, buff or scarf (for wind and weather protection)			
□ UV protection (sun hat, polarized sun glasses, sun block, lip balm etc.)			
□ Collapsible walking sticks for hikes (if required) Quantities are available to borrow on every vessel			
☐ Additional reusable (thermos-regulating) water bottle (in addition to the reusable collapsible water bottle provided)			

TO WEAR ON BOARD

- ☐ The complimentary Quark 3-in-1 Parka provided on board is designed with a waterproof shell that can be worn out on deck, and a removable liner that you can wear to stay comfortable indoors)
- ☐ Comfortable casual clothing like lighter shirts, pants or jeans, etc. (in case the ship gets warm)
- ☐ Comfortable non-slip closed-toed, heelless shoes (flip flops, sandals or slip-on shoes should not be worn on board due to safety concerns)
- ☐ Workout attire (for the fitness center and other indoor activities)
- ☐ Swimsuit (for the Polar Plunge! Some vessels may also have a pool, hot tub, sauna and/or steam room. See your ship book for details.)

Just a reminder: No formal evening wear required on our voyages but if you would like to bring something a little more dressy for the Captain's welcome and farewell cocktails you may certainly do so!

ADDITIONAL ITEMS

- ☐ Passport, visas, immunization records, travel documents, etc. as required
- ☐ Camera gear—complete with charger, storage medium, transport and cleaning kit (lens cloth etc.) and extra batteries
- ☐ Reusable waterproof bags or plastic bags with zippers (to keep small items organized and cameras dry)
- □ Voltage converters and plug adapters (see ship book for details)
- ☐ Seasickness, indigestion, headache, or other medications
- ☐ Earplugs and eye masks for sleeping
- ☐ Moisturizer for face and hands (skin dryness due to wind and temperature changes)
- ☐ Credit Card & Small amount of local currency (see pre-departure book for more details)

- To view our packing checklist online, visit: QuarkExpeditions.com/What-to-Pack/Arctic
- Related topics are covered on our Frequently Asked Questions page: QuarkExpeditions.com/Frequently-Asked-Questions



Scan this QR code or <u>click here</u> to watch our video on what to pack before you go!

